Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough.”

- Oprah Winfrey

Upcoming Events

- Thurs., Nov. 27 – Thanksgiving Day
- Fri., Nov. 28 – You're Welcome Day
- Sun., Dec. 7 – Pearl Harbor Day
- Thurs., Dec. 11 – Regular Board Meeting
- Tues., Dec. 16 – Chanukah
- Sun., Dec 21 – Winter Solstice

Follow this link to the BOCES Calendar of Events

A Message from Mike

Thanksgiving is one of my favorite holidays. Great food and time with family and friends but without the pressure of gifts. There are a lot of interesting statistics about Thanksgiving, and I found this quick quiz: http://www.popsugar.com/food/Thanksgiving-Survey-Statistics-Fun-Facts-12220584. Even though I only scored a 70%, I crushed the average of 26%. Regardless of how you do on the quiz, I hope you have a restful and enjoyable Thanksgiving.

- Mike Doughty, Deputy Superintendent

Technology Tip of the Week

Picture Tools: Artistic Effects/Color

Have you ever inserted a picture into a Microsoft Word document and wanted to enhance the photo? If so, here's how: After you insert the photo, go to Artistic Effects on the ribbon under Picture Tools/Format Tab. Click the dropdown arrow next to Artistic Effects to select the effect you want to use to change your picture. You can also change the color of the picture by selecting the dropdown arrow next to Color on the ribbon.
Connecting with a Colleague

Each week, a staff member will be selected to complete a brief questionnaire to help us get to know him or her. This week we are connecting with Jennifer Susa.

- **What are your primary responsibilities?** I teach math special education in the e-START program.
- **How long have you worked for BOCES?** I started at BOCES this September.
- **What is your favorite part of your job?** Working with the students, trying to find new ways to connect with them, and new ways to teach them math. I also enjoy working with my colleagues in the e-START program. I think we have a lot to offer our students and truly appreciate the focus on the total well-being of our kids.
- **What do you enjoy doing in your free time?** Being a mom and positive role model to my 15 year old son, Jordan. I have a St. Bernard/Boxer who I love to take hiking. I also kayak, play softball, fish, and enjoy wine tasting especially since I live in Farmington - close to the heart of Finger Lakes Wine Country.
- **What is one thing you would like people to know about you?** I enjoy doing mud runs. In the last year, I have participated in the Dirty Girl Mud Run, 5k Foam Fest, the Color Run, and the Finger Lakes Mud Run. I hope to complete the Tough Mudder someday too. I enjoy doing exercise programs like Insanity, Focus T25, P90X3, 21 Day Fix, etc. If anyone is looking for participants for a mud run event, hit me up!

Programs & Services Update

**Today's Students Tomorrow's Teachers**

Today's Students Tomorrow's Teachers program held their annual Technology Workshop on Thursday, Nov. 13, 2014. More than 30 students along with their Teacher Mentors participated in discussions and hands on projects facilitated by instructors from Monroe BOCES 1&2. The students learned about QR Codes that can make location of information fast and easy; how to make Movie Book Trailers and did indeed create their own movie trailer; and last, how to be safe and respectful by enforcing/modeling Digital Citizenship.

The teaching team, Doreen Pietrantoni, Beth Puckett, Mark D’Annunzio, instruction and technology staff, Monroe #1 BOCES and Jim Belair, Monroe #2 BOCES, provided instruction that was informative and enjoyable. Students noted the
importance of technology in the classroom – it increases student engagement and responsibility for learning and helps students gain the skills they need to compete for in-demand jobs in the 21st century economy.

A very special thank you to the teaching team for their time and tenacity which helped to create an interactive, thought provoking, and enjoyable workshop.

- Prudence Wilson, Regional Program Manager, Today’s Students Tomorrow’s Teachers

Urban-Suburban – Fast Facts
Did you know...The Urban-Suburban program was established in 1965 under Project UNIQUE (United Now for Integrated Quality Urban Suburban Education). In July, 1966, Dr. Norman Gross was appointed Administrator of the Urban-Suburban Program (PROJECT US), one of the nine components of Project UNIQUE. Its major objective is “the reduction of minority group isolation” in Monroe County, including the Rochester City School District.

- Jessica L. Lewis, Communications Specialist, Urban-Suburban Interdistrict Transfer Program

Professional Development

The Monroe #1 Internal PD Catalog: Keeping Us #1
Upcoming Professional Development Opportunities:

- WCW: How to Work the System – December 3
- TCI Refresher – December 5

Follow this link to our Internal Catalog in WinCapWEB and enroll today!

- Annette Hauenstein, Coordinator of Curriculum, Instruction & Professional Development & Jodi Coniglio, Teacher Center Director

SANE (Sometimes Acronyms Need Explaining)

IWILP – Individualized Written Independent Living Plan

Notice of Non-discrimination
The Monroe #1 BOCES does not discriminate on the basis of an individual’s actual or perceived race, color, creed, religion, religious practice, national origin, ethnic group, sex, gender identity, sexual orientation (the term "sexual orientation" means heterosexuality, homosexuality, bisexuality, or asexuality), political affiliation, age, marital status, military status, veteran status, disability, domestic violence victim status, arrest or conviction record, genetic information or any other basis prohibited by New York state and/or federal non-discrimination laws in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. In addition, students are also afforded protection based on weight.

For more information, contact one of our Civil Rights Compliance Officers: Nancy Carr, 585-249-7010, Nancy_carr@boces.monroe.edu; James Colt, 585-383-2298, James_colt@boces.monroe.edu; Dennis Glaser, 585-383-2232, Dennis_glaser@boces.monroe.edu