

# Weekly Bulletin

“ Ah, summer, what power you have to make us suffer and like it.”

- Russell Baker

## Upcoming Events

- Sat. July 18 – [Mandela Day](#)
- Thurs., July 30 – Regular Board Meeting
- Fri., July 31 – System Administrator Appreciation Day
- Tues., Aug. 11 – Last Day of Cooperative Summer School
- Fri., Aug. 14 – Last Day of ESY
- Thurs., Aug. 20 – Regular Board Meeting

Follow this [link to the BOCES Calendar of Events](#)

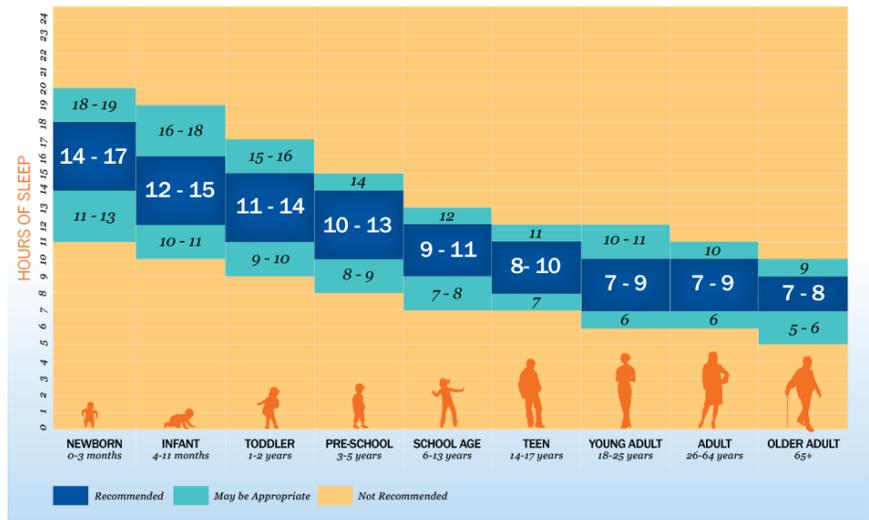
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## A Message from Mike

You'll see below in the Programs & Services Update that we are off to a great start with our extended school year (ESY) programs. Even with cool programs and activities, getting motivated to go to work or school in the summer can be challenging. In our house this summer we have two very different scenarios at play. Paige is nine and attends ESY in Hilton. She can't wait to get on the bus with her friend, Leo, and go to school. In fact, that's usually the only way we can get her to go to bed at night: "If you want to get on the bus tomorrow, then you have to go to bed." Thirteen-year-old Emma, is a different story. Getting up at 6:45 to be at 7:30 swim camp does not bring the same excitement as Leo and the bus do for Paige. What a difference four years makes.

## SLEEP DURATION RECOMMENDATIONS



This got me thinking about sleep. I started wondering if Emma was getting enough sleep. The National Sleep Foundation (<http://sleepfoundation.org/>) has a ton of information and resources about sleep. I found this chart to be particularly interesting. Are you getting enough sleep?

- Mike Doughty, Deputy Superintendent

# Technology Tip of the Week

Thanks to Diane Smith for the following tech tip:

## Smart Board Tips

Smart boards are great technology to use but hard to put into words. I suggest that the best way to learn Smartboard tricks is to watch someone demonstrate them on a video. There's a wealth of videos on YouTube ([www.youtube.com](http://www.youtube.com)) to help you. Try searching on: **Smart board tips and tricks** or just the words **Smart board** and the subject you are teaching. Here's one to get you started:



"27 Smart boards tips and tricks (page 1 & 2)" by ruferteacher <https://www.youtube.com/watch?v=AAt7YI--wQ8>

## Connecting with a Colleague

Each week, a staff member will be selected to complete a brief questionnaire to help us get to know him or her. This week we are connecting with **Barbara Cole**.

- **What are your primary responsibilities?** Purchasing computer hardware and software in cooperation with Technology Services and Campus Tech. for departments in house and for component districts.
- **How long have you worked for BOCES?** In December it will be 30 years. When I started, I intended to use BOCES as a stepping stone, but it's obvious as to where that went.
- **What is your favorite part of your job?** The people; I couldn't have found a greater group of people. That includes not only the Technology team, Business Office and BOCES staff, but people in the school districts and vendor contacts as well. My two youngest granddaughters like to look for the BOCES asset tags on the computers in their classroom and tell their friends "my grandma got these for us". They're not aware of the teamwork it took to get them there.
- **What do you enjoy doing in your free time?** I don't have a lot of free time, with four grandchildren, but when I do, I really enjoy a good book. I also love landscape design. I'm always looking to enhance my patio and deck area either by building a wall or taking one down, making a bigger pond or garden area. I love being outside (except in winter).
- **What is one thing you would like people to know about you?**  
Philosophy of life: When things are not going well, the good news is: this will pass; it won't always be this way.  
When things are going great, the bad news is: this will pass; it won't always be this way.  
Enjoy the ride as much as possible.....



## Programs & Services Update

### ESY Updates

#### ❖ Transition and Secondary Programs (eSTART, Brighton Admin.Transition, TOUR, Foreman Transition)

Program staff completed over 30 intakes prior to the start of summer programming to do our best to get every student started on time! We have every student employed during our 6 week summer program in well over 30 locations across the county. We are thrilled to have our dedicated and skilled staff working with such amazing students!!

- JoAnn M. Genthner, Executive Principal

## ❖ Creekside Program

This summer we have over 250 Creekside Center-Based and District-Based students under one roof. We have 32 classrooms which include many new faces, both staff and students. All classrooms are participating in the "Summer Camp" theme through the Unique Curriculum. Students are enjoying the daily activities, as well as the special, school-wide activities that a dedicated group of staff members has planned. This summer students will be participating in a Camp Flag competition and a Trail Mix/S'more competition. Classes are assigned buddy classrooms that they are collaborating with, including sending pen pal letters and creating new recipes. The entire school will be participating in a Camp Day Fun Fair later in August, as well as BINGO and a cook out. Smiling faces can be seen around the building, from students to staff. So far we are off to a great start!

- Rebecca Etlinger, Assistant Principal, Creekside School

## ❖ O'Connor Academy



Nearly 100 students attend Extended School Year at O'Connor Academy and are engaged in a combination of transition skill development, paid work experience, gaining initial credit, recovering credit, and preparing for exams. The goal of our various efforts is to continue to build upon the skills gained during the regular school year.



Students work on academics for half of their school day and work for the other half. Most students work in a placement that is tied to their long-range vocational interest. This summer we have students working at Goodwill, Lollypop Farm, The Fairport Baptist Home, Westbrook Commons, Rochester Animal Services, Rene's, along with our internal work placements in maintenance, grounds, woodworking, and food service. In addition to traditional work skills, our woodworking and food service students will work to sell the products they make. Both baked goods and Adirondack chairs will be available for sale later this summer.

"ESY is my favorite time of year. I get to work in my field (landscaping at the Fairport Baptist Home) for an extended period of time. It's like 'real life'." - Chad Walker, RCSD



- Mike Langridge, Principal, O'Connor Academy

## News and Notes

On May 1 of this year, CTTS organized an Amazing Race in the Village of Fairport for multiple departments. This event was hosted by some creative women who originally organized an event for their husbands and have now made quite a business from it! Our event included teams from CTTS, Deaf Ed/Vision, OT/PT, and Instructional Specialists.

For those not familiar with the Amazing Race, teams are given a binder of tasks that vary point value. Teams then set out to complete tasks in whatever order they prioritize. After about an hour and a half, teams must all be back at the designated "finish line" (points are deducted for late arrivals!). Points are tabulated and a winner is declared. A great deal of time and creativity went into the tasks and the overwhelming feedback was



5 points earned for a team picture with a live animal (we gave the dog back to its owner after the photo shoot).

that it was a GREAT time!

Because of its success, we are now working on scheduling an **AMAZING RACE for all of BOCES** this fall. Be on the lookout for information about how you can form a team and participate in the next AMAZING RACE!!

- Liz Walton, Coordinator, Consultant Teacher & Tutoring

## SANE (Sometimes Acronyms Need Explaining)

**NRA** – National Rehabilitation Association

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### Notice of Non-discrimination

The Monroe #1 BOCES does not discriminate on the basis of an individual's actual or perceived race, color, creed, religion, religious practice, national origin, ethnic group, sex, gender identity, sexual orientation (the term "sexual orientation" means heterosexuality, homosexuality, bisexuality, or asexuality), political affiliation, age, marital status, military status, veteran status, disability, domestic violence victim status, arrest or conviction record, genetic information or any other basis prohibited by New York state and/or federal non-discrimination laws in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. In addition, students are also afforded protection based on weight.

For more information, contact one of our Civil Rights Compliance Officers: Nancy Carr, 585-249-7010, [Nancy\\_carr@boces.monroe.edu](mailto:Nancy_carr@boces.monroe.edu); James Colt, 585-383-2298, [James\\_colt@boces.monroe.edu](mailto:James_colt@boces.monroe.edu); Dennis Glaser, 585-383-2232, [Dennis\\_glaser@boces.monroe.edu](mailto:Dennis_glaser@boces.monroe.edu)