



Weekly Bulletin

“Email, instant messaging, and cell phones give us fabulous communication ability, but because we live and work in our own little worlds, that communication is totally disorganized.”

– Marilyn vos Savant

Upcoming Events

- Wed., April 22 – Earth Day
- Thurs., April 23 – Regular Board Meeting
- Mon., April 27 – Superintendent’s Conference Day
- Thurs., April 30 – Bird/Morgan Spring Concert
- Tues., May 5 – Cinco de Mayo
- Sun., May 10 – Mothers’ Day
- Wed., May 13 – Bird/Morgan Talent Show

Follow this [link to the BOCES Calendar of Events](#)

In this Issue

Upcoming Events 1

A Message from Mike 1

Technology Tip of the Week 2

Connecting with a Colleague 2

Programs & Services Update 3

Professional Development 4

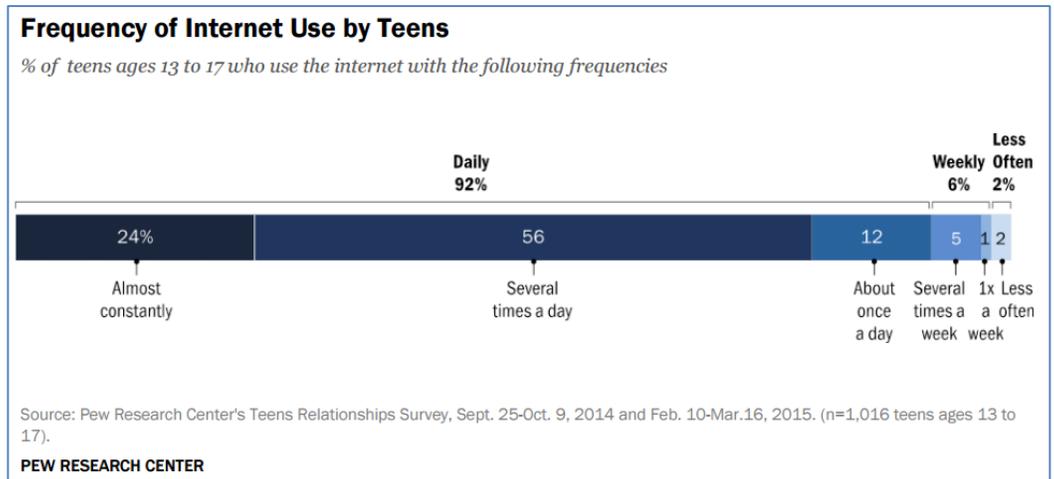
News and Notes 4

SANE 5

A Message from Mike

Earlier this month Pew released its [Teens, Social Media Overview 2015](#). This report captured my interest because many of our programs serve teenage students, and I live with a teenager. There were many interesting charts in this report, but one stood out.

I’ve written about screen time before and the struggles in our house tempering it, but when I saw these results, I was really surprised. Almost a quarter of teens are using the Internet constantly. What does that look like? What does it mean for these teens as they mature toward adulthood? I don’t have any answers on this one...just more questions?



- Mike Doughty, Deputy Superintendent

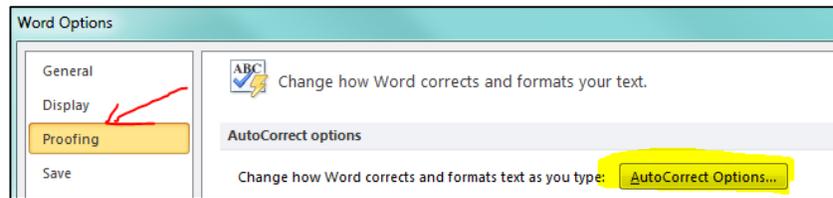
Technology Tip of the Week

Thanks to Diane Smith for the following tech tip:

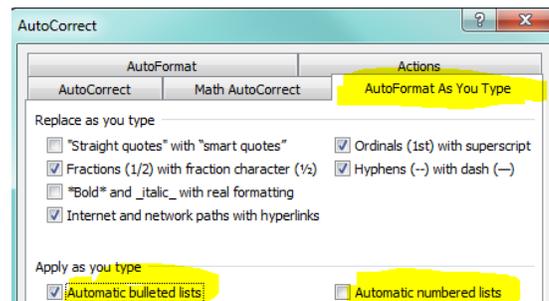
Turn off automatically numbered or bulleted list

Microsoft Word assumes that whenever you start a paragraph with a number that you want to number all your paragraphs. If that is something that annoys you, you can turn it off. This is how:

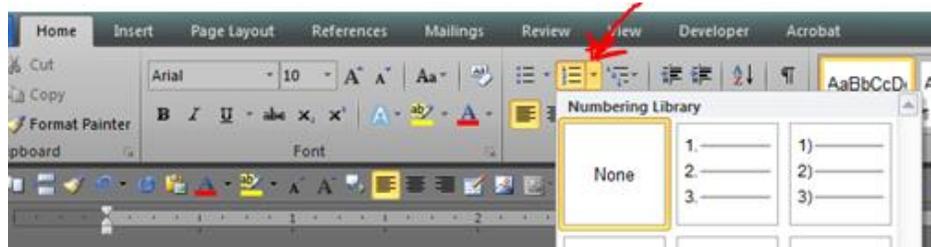
Click on: [File](#)
[Options](#)
[Proofing](#) (on left side)
[AutoCorrect Options](#) button
[AutoCorrect as you type](#) tab



In the "Apply as you type" section: Remove checkmarks from both [Automatic bulleted lists](#) and [Automatic numbered lists](#).



If you want to use that feature in a document, select the text to be numbered and click on this icon on the Home ribbon.



Connecting with a Colleague

Each week, a staff member will be selected to complete a brief questionnaire to help us get to know him or her. We've taken a break from our traditional questions to highlight our participation in the JP Morgan Chase Corporate Challenge. This week we are connecting with **Jessica Stoneham**.

- **In what program do you work?** I work at Creekside School as a Special Education Teacher. I work with students ages 18-21 as a Transition Teacher.
- **Why are you running or walking in the Corporate Challenge this year?** I am running this year to spend some quality time with my co-workers and to fulfill a personal goal of participating in the Corporate Challenge and running a 5K+.
- **What do you enjoy most about the Corporate Challenge?** This will be my first year participating in the Corporate Challenge. I am looking forward to the challenge of running 3.5 miles.



Below is information about the event that Rachel Wright shared in an email last week:

Registration for the JP Morgan and Chase Corporate Challenge is OPEN! The Corporate Challenge will take place on Tuesday, May 26th at 7pm at the Rochester Institute of Technology.

The Corporate Challenge is a 3.5 mile walk, jog, or run event. This event donates yearly to a selected not-for-profit organization.

Use the link below to follow the instructions to register for this great event:

https://www.jporganchasecc.com/companies.php?team_id=413033

For more information about this year's Corporate Challenge please follow the following link or feel free to contact me with questions.

https://www.jporganchasecc.com/events.php?city_id=3

The Corporate Challenge is a great way to get together as colleagues. I hope to see many of you there!

Programs & Services Update

On Friday, April 10th, Monroe #1 BOCES students and staff from various programs attended the St. John's 2015 Volunteer Recognition Luncheon held at Mario's Italian Restaurant in Rochester. The Luncheon included an awards ceremony, lunch and dessert, and entertainment provided by *Rochester Rhapsody*: a women's a cappella barbershop-style harmony group. All volunteers received a gift bag containing a jar of Mario's Marinara Sauce and pasta, and the book *A History of the First One Hundred Years of St. John's Home*. In advance, students and staff chose one of four delicious entrées: Penne Abruzzi Primavera, Chicken & Artichoke French, London Broil, and Grilled Chicken Caesar Salad. The students enjoyed the entire program and represented BOCES in a very professional manner.



St. John's Home is a multi-level care organization providing a continuum of care for the elderly. Our students have the opportunity to participate in various Work Study placements at the Home working independently or directly with St. John's Home Staff. Current placements include a morning Coffee Hour venue, Laundry, Environmental Services, Cafeteria, Library Book Circulation, In-house Deliveries, and Resident Transport.

- Sue Hill, Associate Teacher

Instructional Programs and Services

Astronaut Presentation Brings Outer Space to the Classroom

On Monday, April 6th a unique opportunity was provided to many of the K-8 classrooms at Bird/Morgan. They embarked on an adventure with Commander Peter Robson in person to learn more about space travel, the living environment in the shuttle, the eating habits of astronauts and more! Students were engaged throughout the learning experience with live footage, as well as demonstrations that increased student awareness about astronauts and how life is very different when living in space. Thank you, Commander Robson!

- Maryann Quirk, Science Instructional Specialist K-12



Professional Development

The Monroe #1 Internal PD Catalog: Keeping Us #1 – PD4U

Superintendent's Conference Day (SCD) is Monday, April 27th.

- Arrive before 8:00 a.m. at your session location (Do not punch in!)
- Sign in on a roster for attendance
- Session 8:00-10:00
- Break 10-10:15
- Session resumes 10:15-12:30
- Dismissal

No Food will be provided. Coffee, hot water for tea and water will be available. Please feel free to bring your own provisions to accommodate your needs.

After SCD you will receive two surveys. Please complete these for your professional development hours.

- Survey 1 – pertains to your session
- Survey 2 - regarding the overall event

Follow this [link](#) to our Internal Catalog in **WinCapWEB** and enroll today!

- Annette Hauenstein, Coordinator of Curriculum, Instruction & Professional Development

News and Notes



May is Mental Health Awareness month. Time for Green Ribbons.

There is a week designated as Children's Mental Health Awareness Week. The site <https://www.ffcmh.org/awarenessweek> has information including a workbook for kids. (Good stuff)

- Michele Austin, School Psychologist



SANE (Sometimes Acronyms Need Explaining)

MOE – Maintenance of Effort

Notice of Non-discrimination

The Monroe #1 BOCES does not discriminate on the basis of an individual's actual or perceived race, color, creed, religion, religious practice, national origin, ethnic group, sex, gender identity, sexual orientation (the term "sexual orientation" means heterosexuality, homosexuality, bisexuality, or asexuality), political affiliation, age, marital status, military status, veteran status, disability, domestic violence victim status, arrest or conviction record, genetic information or any other basis prohibited by New York state and/or federal non-discrimination laws in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. In addition, students are also afforded protection based on weight.

For more information, contact one of our Civil Rights Compliance Officers: Nancy Carr, 585-249-7010, Nancy_carr@boces.monroe.edu; James Colt, 585-383-2298, James_colt@boces.monroe.edu; Dennis Glaser, 585-383-2232, Dennis_glaser@boces.monroe.edu