



Weekly Bulletin

“ Cheers to a new year and another chance for us to get it right.

- Oprah Winfrey

Upcoming Events

- Mon., Jan. 5 – Students Return to BOCES Programs
- Thurs., Jan. 8 – Regular Board Meeting
- Mon., Jan. 19 – Martin Luther King Day (Recess)
- Thurs., Jan. 22 – Regular Board Meeting
- Mon., Feb. 2 – Groundhog Day
- Thurs., Feb. 5 –Board Meeting/Retreat
- Mon., Feb 16 – Presidents’ Day (Recess)

Follow this [link to the BOCES Calendar of Events](#)

A Message from Mike

Happy New Year. And with the New Year comes New Year’s resolutions. Are you making any resolutions this year? If you are, you are not alone. According to [The University of Scranton](#), 45% of us usually make New Year’s Resolutions. Here are the top ten resolutions that people made for 2014:

1	Lose Weight
2	Getting Organized
3	Spend Less, Save More
4	Enjoy Life to the Fullest
5	Staying Fit and Healthy
6	Learn Something Exciting
7	Quit Smoking
8	Help Others in Their Dreams
9	Fall in Love
10	Spend More Time with Family

Will you be successful in achieving your resolution? Unfortunately the odds are not in your favor. Only 8% of people are successful in achieving their resolution. It is important to note that the same study determined that “people who explicitly make resolutions are 10 times more likely to attain their goals than people who don’t explicitly make resolutions.” So in the interest of attaining goals and continuing to improve, how are you resolving to make 2015 even better than 2014? Will you go after one of the top ten or is there another one that you plan to tackle?

There is no shortage of help out there to support you with whatever you choose to work on. A Google search for “New Year’s Resolutions,”

yielded about 70,200,000 results in 0.22 seconds. Even the Federal Government gets into the game by offering resources to support the most common resolutions: <http://www.usa.gov/Citizen/Topics/New-Years-Resolutions.shtml>. Good luck.

- Mike Doughy, Deputy Superintendent

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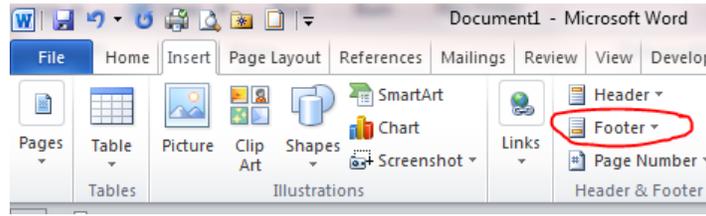
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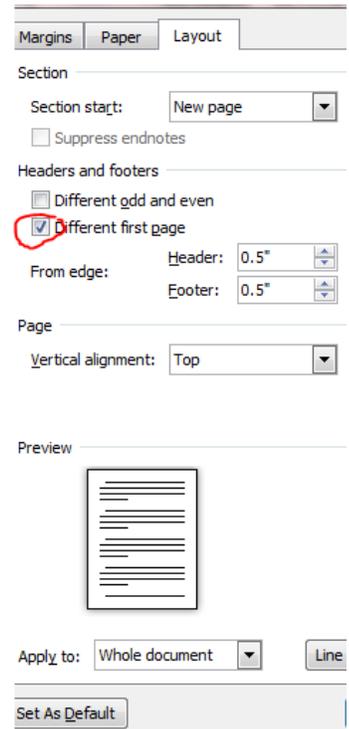
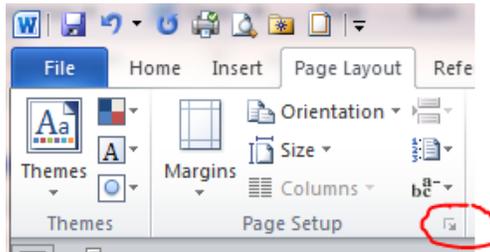
Technology Tip of the Week

Skip numbering on a Title Page in Microsoft Word

Setting up a page number is quite simple in Word, but by default it will number every page including title pages. To avoid numbering the title page, follow these steps:



1. Select the **Insert Tab** and click on the **drop down arrow** next to Footer.
2. Select the type of page numbering you want.
3. Next, move to the **Page Layout tab** and click **the arrow in the lower right-hand corner** next to Page Setup. (This will bring up the Page Setup dialog box.)
4. Select the **Layout tab** and click the box labeled **Different first page** and then **OK**.



Connecting with a Colleague

Each week, a staff member will be selected to complete a brief questionnaire to help us get to know him or her. This week we are connecting with **Amy Wilson**.

- **What are your primary responsibilities?** I am an Associate Teacher, and my responsibilities are to assist the teacher in teaching independent skills to our kids. I assist them as they strengthen their cooking, work, laundry, and money management skills.
- **How long have you worked for BOCES?** I have worked for BOCES for 18 years.
- **What is your favorite part of your job?** My favorite part of my job is getting to know such wonderful students.
- **What do you enjoy doing in your free time?** In my free time I enjoy supporting my daughter in all her activities. I also enjoy reading, gardening, and spending time with friends and family.
- **What is one thing you would like people to know about you?** I am generally a happy and friendly person. I am blessed to have a great family, which includes my wonderful parents, my husband Will, my 10 year old daughter Mia Danielle, and our furry family pet Freddy.



Programs & Services Update

Multi Occupational FOCUS

For the last five years, the Buildings, Grounds and Maintenance program has been processing firewood as part



of an integrated chainsaw and customer service unit. The afternoon FOCUS students have spent the last four weeks "bucking," splitting, and stacking firewood to learn all aspects of a retail business. It is really a three part unit. It walkis understanding chainsaw safety, the process of splitting wood, and how to handle a customer transaction from beginning to end. The students handle payment, produce receipts, and process DEC paperwork for the transport of firewood under quarantine. The skills they learn are so valuable to their future employment within any industry.



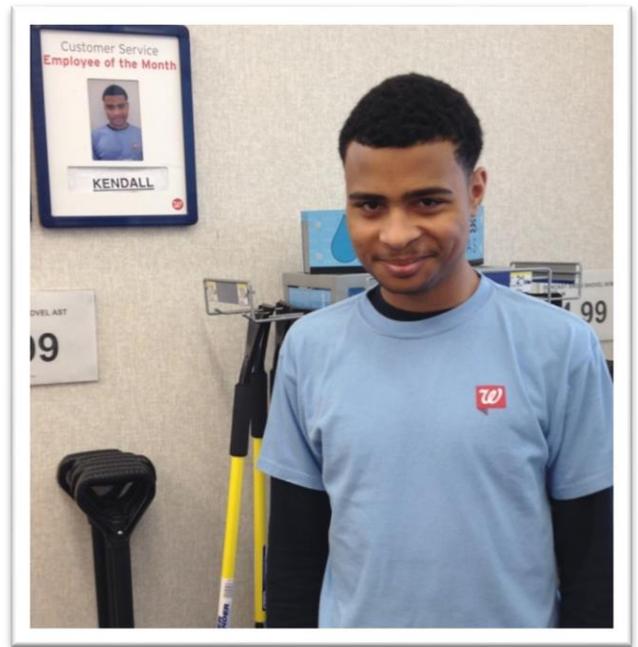
- Brett Walker, Buildings and Grounds Maintenance Teacher

EMCC

How nice would it be to list **"Employee of the Month"** on your next job application?

Eastridge High Senior, **Kendall Long**, who is enrolled in Monroe #1 BOCES Direct District Work Based Learning program, is proud to say he is **Employee of the Month!** Kendall, once a student of MO/FOCUS trade programs at BOCES, started his work experience at the Rochester Animal Shelter. He then tried working in a retail environment at Marshall's and currently works with Walgreens. The Walgreens' team has been impressed with Kendall's work ethic and progress as a professional. When the topic of who would be December's Employee of the Month came up, they agreed that Kendall had earned it.

- John Lisak, Principal, Eastern Monroe Career Center



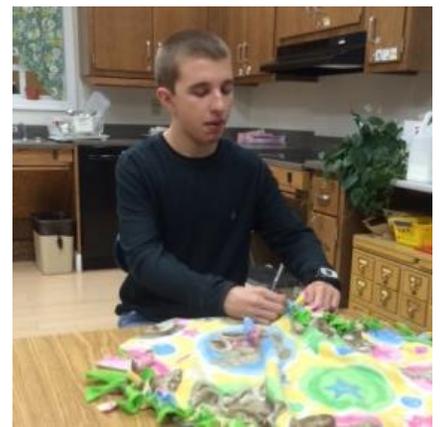
Kendall Long, Walgreens' Employee of the Month

EMCC

Alexandra "Sasha" Pasquale (Brighton), a student in the EMCC Visual Communication course, received \$150 because a photo she took was selected for the SkillsUSA magazine's "image" section. Click this [link](#) to go to the national SkillsUSA magazine. Sasha's picture can be seen on page 18. Congratulations Sasha!

- John Lisak, Principal, Eastern Monroe Career Center

Creekside Program



To help build and foster a sense of contribution to their community, the Blue House students have been participating in the "Preemie Project". The overarching theme is that everyone can help others; the students attending the Blue House/Life Skills class are making tied baby blankets and Snuggle tubes (which surround the infants) for the Neonatal Intensive Care Unit at Strong Memorial Hospital. Each student participates to the best of his or her ability. Some students measure and cut the material; others sew, tie, and stuff the tubes. Students have demonstrated a sense of pride and accomplishment in completing their projects. They have enjoyed the teamwork and cooperation in working together and seeing the projects completed. The students have expressed a desire to continue this project through the end of the year.



- Mark



Frenzel, Principal, Creekside

Regional Programs and Services

Monroe #1 BOCES' Driver Education program needs qualified teachers to instruct theory and behind-the-wheel instruction in our after school program which is currently offered in Brighton, Fairport, Penfield, and Webster in four sessions throughout the year. To become certified, a candidate must:

- hold a NYS secondary teacher certificate
- complete the Basic Driver Education Teacher Preparation Course (6 credits) and apply for Provisional approval as a NYS-DTSE teacher
- complete two additional courses (3 credits each) within four years for Permanent certification

SUNY Oswego is an accredited teacher preparation institution for NYS-DTSE and offers the Basic Driver Education Teacher Preparation Course during the summer. Monroe #1 BOCES provides tuition reimbursement per the BUP contract.

- Joyce Cymber, Director of Regional Programs and Services

Up to the TASC!

The Midwest RSE- TASC is proud to welcome the addition of two new staff members. Christopher Singer is a graduate of SUNY College at Geneseo with a degree in Psychology and Business Administration. He received his Master's Degree in School Psychology, along with a Certificate of Advanced Study from Rochester Institute of Technology. He also has his Administrative Certification from the University of Rochester and has worked as a school psychologist for the past seven years. He is excited to be joining the network as this region's Preschool Behavior Specialist.

Maggie Herman joins the Midwest RSE-TASC as our second Transition Specialist. Maggie has more than 16 years of experience working as a Transition Specialist in and around the Midwest region. Maggie's work has

brought her in contact with schools and families in the Monroe #1 BOCES region, Wayne Finger Lakes BOCES region, Genesee Valley BOCES region and most recently from Webster Central Schools. Passionate about transition, she recently earned her Work based Learning Certificate and is excited to bring that knowledge to the region. Maggie's experience and relationships in the region make her an asset to the RSE-TASC.

- Kelly A. Endres, Coordinator, Midwest RSE-TASC



SANE (Sometimes Acronyms Need Explaining)

LEA – Local Education Agency

Notice of Non-discrimination

The Monroe #1 BOCES does not discriminate on the basis of an individual's actual or perceived race, color, creed, religion, religious practice, national origin, ethnic group, sex, gender identity, sexual orientation (the term "sexual orientation" means heterosexuality, homosexuality, bisexuality, or asexuality), political affiliation, age, marital status, military status, veteran status, disability, domestic violence victim status, arrest or conviction record, genetic information or any other basis prohibited by New York state and/or federal non-discrimination laws in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. In addition, students are also afforded protection based on weight.

For more information, contact one of our Civil Rights Compliance Officers: Nancy Carr, 585-249-7010, Nancy_carr@boces.monroe.edu; James Colt, 585-383-2298, James_colt@boces.monroe.edu; Dennis Glaser, 585-383-2232, Dennis_glaser@boces.monroe.edu