

# Weekly Bulletin

The best way to find yourself is to lose yourself in the service of others.”

- Mahatma Gandhi

## Upcoming Events

- Tues., Nov. 11 – Veterans’ Day (Recess)
- Thurs., Nov. 13 – [Sadie Hawkins Day](#)
- Thurs., Nov. 20 – Great American Smokeout Day
- Thurs., Nov. 20 – Regular Board Meeting
- Thurs., Nov. 27 – Thanksgiving Day

Follow this [link to the BOCES Calendar of Events](#)

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## A Message from Mike

Last week was School Board Recognition Week, and I wanted to take a moment to thank everyone who supported our students in their creative work to recognize and honor the Monroe #1 BOCES Board of Education. We are very fortunate to have supportive and invested Board of Education Members who value our work and wholeheartedly support the mission of BOCES. It’s not like that everywhere. To learn more about our current Board Members, follow this link: [http://www.monroe.edu/board\\_members.cfm](http://www.monroe.edu/board_members.cfm).



Friday was a great day. In the morning I visited our Creekside School students participating in the Special Olympics bowling competition at Clover Lanes with Assistant Principal Bonnie Masiuk. Our students had a great time competing and were able to interact with students from many different school districts. Successful events like this don’t just happen. It’s because of the hard work and dedication of so many staff members – Tracy Sens and Dee Miller, in particular – that our students have opportunities like this.

In the afternoon, I headed over to EMCC. Our first-year culinary classes were having a choice day where they could practice recipes and techniques they have learned so far this school year. I joined Mrs. Speranza’s class for part of the afternoon, and she paired me with Kody, a junior from Brighton. Kody had decided to make a Buffalo chicken panini with rosemary-seasoned sweet potato French fries. How could I say no to that? I’m a decent cook. After all, my mom taught home and career skills for over 30 years and made sure that when I left for college I had some basic knowledge and abilities. But Kody pushed me to a whole new level. First, it was challenging working in a kitchen that’s not mine because I didn’t know where anything was. Second, we used two tools that I had no experience with – a



commercial panini maker and a deep-fryer. Kody was patient with me as I asked questions during every step of our preparation, cooking, and plating. You can see the results of our work in the picture (note: Mrs. Speranza told me I didn't need to cover my head because I don't really have any hair). Like any classroom, different students were working at different skill levels, but each was totally engaged. Students readily asked and answered each other's questions about their different dishes and the techniques they were using. Everyone was patient and kind to one another as the class progressed and students finished their work.

- Mike Doughty, Deputy Superintendent

## Technology Tip of the Week

Thanks to Diane Smith for the following tech tip:

### Determining Word Count

Microsoft Word will do a word count quickly. To do this just **select the text you want to count**. Then look at the bottom of your screen on the left. Word count is automatically calculated.



## Connecting with a Colleague

Each week, a staff member will be selected to complete a brief questionnaire to help us get to know him or her. This week we are connecting with **Julie Mihalyov-Kokkinis**

- **What are your primary responsibilities?** I am a School Psychologist at START/ALA as well as the district-based HFL High School program. I am responsible for re-evaluations, counseling, and consultation with staff and families.
- **How long have you worked for BOCES?** Since September 2014 :-)
- **What is your favorite part of your job?** My favorite part of the job is getting to work with a variety of different students.
- **What do you enjoy doing in your free time?** In my free time I enjoy reading, hiking, and spending time with my friends and family.
- **What is one thing you would like people to know about you?** I spent time living in Maryland last year but am thrilled to be back in the Rochester area!



## Programs & Services Update

### BOCES 1 Transition Program Students Make Strides for a Healthy Heart

Thirty-five transition-age students and staff members from several Monroe 1 BOCES transition programs joined forces on Friday, October 3rd, in the 8th Annual 'Walk for a Healthy Heart' fundraising event at the University of Rochester Campus to benefit the American Heart Association.

Click [here](#) for more information about the walk.

- John Walker, Coordinator of School-Community Relations





Creekside students from Mrs. Diane Hopper's Vocational Cooking II class collaborated with staff members Marcia Henning, Denesha Johnson, and Marilyn Ortiz to create the first ever Creekside School entry into the Sweet Creations exhibit at the George Eastman House. The Creekside entry will sit alongside gingerbread houses produced by professional bakers, hobbyists, scout troops, families, and other schools and community groups. The houses are sold via silent auction with proceeds benefiting restoration projects at the George Eastman House. The display is available for viewing November 7 through December 17.

- Mark Frenzel, Principal, Creekside School

## Professional Development

### The Monroe #1 Internal PD Catalog: Keeping Us #1

There is no end in November to the professional learning opportunities. Enroll now!

#### Upcoming Professional Development Opportunities:

- TCI Refresher – November 14 & 21
- Data Driven Instruction – November 17
- WCW: How to Work the System – November 17
- Power Struggles – November 19
- Mentoring Matters – November 19 & 20
- Curriculum Work Time – November 21

Follow this [link](#) to our Internal Catalog and enroll today!

- Annette Hauenstein, Coordinator of Curriculum, Instruction & Professional Development  
& Jodi Coniglio, Teacher Center Director

## News and Notes

**The Health, Safety, and Risk Management Office** will be holding CPR/AED classes in November and December. This American Heart Association Heartsaver course is designed to teach the lay rescuer lifesaving skills for adult, child, and infant, including CPR, use of an AED, and relief of choking. See information below to register for either the November or December session.

- **When:** – Thursday, November 13, 2014 **or** Thursday, December 18, 2014
- **Where:** – Monroe #1 BOCES Main Campus, 25 O'Connor Road Building 9, Room B-6
- **Time** – 8:00 PM to 11:30 PM - **PLEASE NOTE NEW START TIME**
- **Cost: \$25** – This includes a course manual and certification card, good for two years.
- **To register** – Complete the [registration form](#), have it signed by your supervisor, and fax it to 585-383-2283.

- Dawn Howe, Health and Safety Specialist

## SANE (Sometimes Acronyms Need Explaining)

**IRWE** – Impairment Related Work Expense (Social Security)

**Notice of Non-discrimination**

The Monroe #1 BOCES does not discriminate on the basis of an individual's actual or perceived race, color, creed, religion, religious practice, national origin, ethnic group, sex, gender identity, sexual orientation (the term "sexual orientation" means heterosexuality, homosexuality, bisexuality, or asexuality ), political affiliation, age, marital status, military status, veteran status, disability, domestic violence victim status, arrest or conviction record, genetic information or any other basis prohibited by New York state and/or federal non-discrimination laws in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. In addition, students are also afforded protection based on weight.

For more information, contact one of our Civil Rights Compliance Officers: Nancy Carr, 585-249-7010, [Nancy\\_carr@boces.monroe.edu](mailto:Nancy_carr@boces.monroe.edu); James Colt, 585-383-2298, [James\\_colt@boces.monroe.edu](mailto:James_colt@boces.monroe.edu); Dennis Glaser, 585-383-2232, [Dennis\\_glaser@boces.monroe.edu](mailto:Dennis_glaser@boces.monroe.edu)