



Weekly Bulletin

“Problems are not stop signs, they are guidelines.”
- Robert H. Schuller

Upcoming Events

- Wed., July 30 – Adult Literacy Graduation
- Thurs., July 31 – Board Meeting/Retreat
- Sun., Aug. 3 – [Work Like a Dog Day](#)
- Tues., Aug. 12 – [International Youth Day](#)
- Wed., Aug. 13 – International Left Handers’ Day
- Thurs., August 21 – Regular Board Meeting

Follow this [link](#) to the BOCES Calendar of Events

In this Issue

Upcoming Events 1

A Message from Mike 1

Technology Tip of the Week 2

Connecting with a Colleague 2

Programs & Services Update 3

Professional Development 3

News and Notes 3

SANE 4

A Message from Mike

Last week I dropped Emma off at morning swim practice at Genesee Valley Park. As I was leaving, here’s how the conversation went:

Emma: My legs hurt.

Me: How bad?

Emma: Bad.

Me: Swim through it.

Emma: Dad, that’s a cliché.”

Me: I know, but that doesn’t mean it’s not true.

The definition of a cliché is, “a phrase or word that has lost its original effectiveness or power from overuse.” Can an expression “lose its power” but still be true? I think so. That being said, maybe I could have chosen another phrase. “Suck it up,” perhaps? In any case, Emma got the point. What expressions do you find yourself overusing? How could you get your point across, maybe more eloquently by saying it a different way?

Data Snapshot

Reading Statistics

Total percentage of American adults who can’t understand the labels on their prescriptions	46%
Total percent of young people who claim they read more than 10 books a year	56%
Total percentage of U.S. adults who are unable to read an 8th grade level book	50%
Total percent of U.S. high school graduates who will never read a book after high school	33%
Total percentage of college students who will never read another book after they graduate	42%

(Source: [Statistic Brain](#))

- Mike Dougherty, Deputy Superintendent

Technology Tip of the Week

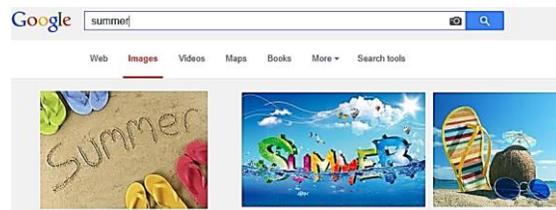
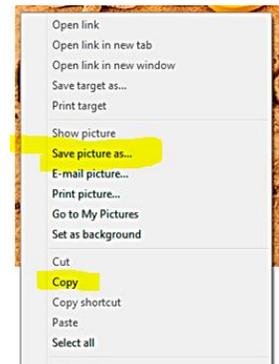
Thanks to Diane Smith for the following tech tip:

Finding Images to use in your Documents

Whether you are designing a poster, a menu, a calendar, or just a sign to remind people to close the door, you can make it more interesting by adding an image. But where do you find one? You could **Insert Clip Art**, but many Clip Art images look like they were designed by children.

You can have access to the whole worldwide web by using **Google Image Search**.

1. Open **Internet Explorer** or click here:
<http://www.google.com/images>
2. **Enter a word** to search and you will see many "Thumbnails" of pictures that match the word.
3. When you find one you like, **click on it** to see a larger image.
4. **Right-click** over the image and **Save Picture as** (Save it wherever you want it and give it a file name you will remember.) or **copy** the picture and **paste** it wherever you want.
5. Refine your search by using **Search Tools** to refine the search by color, type, size etc.



Connecting with a Colleague

Each week, a staff member will be selected to complete a brief questionnaire to help us get to know him or her. This week we are connecting with **Sheila Wallenhorst**.

- **What are your primary responsibilities?** I currently assist Dan White in his administrative duties, update polices, investigate complaints, facilitate parent questions, am chief problem solver, and perform other duties assigned.
- **How long have you worked for BOCES?** I have worked for BOCES for 31 years.
- **What is your favorite part of your job?** I enjoy the interaction with people, whether it is with adults or students.
- **What do you enjoy doing in your free time?** I love to go to my cottage with my family in the Thousand Islands, Wellesley Island. My husband and I have four children, 2 grandsons, and 1 granddaughter on the way!
- **What is one thing you would like people to know about you?** For those of you that have not heard from me, I'M RETIRING! effective July 30th and am very excited about my new adventures of traveling, babysitting, and whatever I feel like doing on any given day.



Programs & Services Update

On July 30, 2014 the Monroe #1 BOCES Adult Education program will be celebrating the 36 adult students who earned their High School Equivalency diplomas (GED or TASC diplomas) during the 2014 school year. Students participating come from our ten component school districts as well as the city of Rochester. They attended our classes held at the Plaza (999 East Ridge Road in Irondequoit), as well as at the FIGHT Village apartments (186 Ward Street in Rochester), and the Monroe County Correctional Facility. The successful high school students, who prepared at the Foreman Center, have also been invited to attend.

Adult literacy classes are continuously being held during the summer as well as during the school year. If you know someone who would like information about how to prepare for a high school equivalency diploma or the process for enrolling in a class, please share the contact information for our program. We can be reached at 383-2250.

- Annette H. Christensen, Ed.D., Executive Coordinator

Professional Development

The Monroe #1 Internal PD Catalog

Upcoming Professional Development Opportunities:

- Therapeutic Crisis Intervention – (Full Course) July 28-31 & August 25-28
- Aspects of Hearing Loss in an Aural/Oral World – August 6
- Instruction for All Cohort – begins August 18

Follow this [link](#) to our Internal Catalog in **WinCapWEB** and enroll today!

- Annette Hauenstein, Coordinator of Curriculum, Instruction & Professional Development
& Jodi Coniglio, Teacher Center Director

News and Notes

Leslie Hunter Presents at NATS Conference in Boston, July 8th

Bird/Morgan Campus Music Therapist, Leslie Hunter, recently participated in a **Special Needs Panel**, Tuesday, July 8th, at the 53rd Annual National Association of Teachers of Singing Conference in Boston, MA. Leslie was joined on the panel by Kathryn Proctor Duax and Lisa Thornton. "Working with special needs students provides a wonderful opportunity to help these students improve their ability to enjoy making music," stated NATS President, Kathryn Proctor Duax, who assembled the panel of experts to discuss the benefits and challenges of working with this population.

Leslie Hunter, a full-time music therapist working at the Monroe #1 BOCES

Bird/Morgan Campus in East Rochester, NY, is a licensed creative arts therapist, board certified music therapist, and certified music educator who has been using music to enrich the lives of people with special needs since 1975. Working for most of her career in the public school setting, Leslie has presented numerous workshops on adapting music instruction for children with disabilities. She received both her undergraduate and graduate degrees from the University of Kansas and has taught at Maryville University, the University of Kansas, Nazareth College, and the Eastman School of Music.



Kathryn Proctor Duax is a professor emerita of music at the University of Wisconsin, Eau Claire, where she taught for 37 years, as well as serving as Coordinator of the Voice and Choral Area. Proctor Duax served as the NATS vice president for discretionary funds and field activities and currently is the president of the National Association of Teachers of Singing.

Lisa Thorson, a professor in the voice department at Berklee College of Music where she has taught technique, style, improvisation, performance, and history since 1996. She has been a guest artist and clinician at numerous schools and festivals throughout the US and Italy. She is a certified instructor of Somatic Voicework™ The LoVetri Method.



SANE (Sometimes Acronyms Need Explaining)

IAC – InterAgency Council (*of Developmental Disabilities Agencies*)

Notice of Non-discrimination

The Monroe #1 BOCES does not discriminate on the basis of an individual's actual or perceived race, color, creed, religion, religious practice, national origin, ethnic group, sex, gender identity, sexual orientation (the term "sexual orientation" means heterosexuality, homosexuality, bisexuality, or asexuality), political affiliation, age, marital status, military status, veteran status, disability, domestic violence victim status, arrest or conviction record, genetic information or any other basis prohibited by New York state and/or federal non-discrimination laws in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. In addition, students are also afforded protection based on weight.