



Weekly Bulletin



- #91 – lacks focus
- #92 – socializes too much
- #95 – is inattentive
 - Report card comment choices from an area high school that would likely appear on my report card if I was a high school student

Upcoming Events

- Nov. 5 – Guy Fawkes Day
- Thurs., Nov. 7 – Regular Board Meeting
- Mon., Nov. 11 – Veterans’ Day
- Fri., Nov. 15 – National Clean Out Your Refrigerator Day
- Tues., Nov. 19 – School-Related Professionals Recognition Day
- Thurs., Nov. 21 – Regular Board Meeting
- Wed., Nov. 27 – Hanukkah begins at sunset
- Thurs., Nov. 28 – Thanksgiving

Follow this [link to the BOCES Calendar of Events](#)

A Message from Mike

When was the last time you found yourself multi-tasking (e.g., checking a phone, doing email on a laptop) in a meeting or other work setting? Have you observed someone else doing this? I have been guilty of this. When I went back to school at the University of Rochester in 2006, I was never more caught up on my email. I’m not sure how I made it through undergrad at SUNY Geneseo without wireless Internet access (maybe because it didn’t exist). In any case it turns out that those of us who think we are multitasking are just fooling ourselves. In his article [Divided Attention](#) (*The Chronicle of Higher Education*, February 2010), David Glenn examines research and evidence related to multitasking:

“Heavy multitaskers are often extremely confident in their abilities,” says Clifford I. Nass, a professor of psychology at Stanford University. “But there’s evidence that those people are actually worse at multitasking than most people”

To be honest, I didn’t need an article to tell me this. My bride has told me more than once that I am completely incapable of doing more than one thing at a time. Consider how you divide your attention and how well you perform those multiple tasks. Would you be more efficient and effective if you concentrated on one task at a time? Would you actually get more done? What are some strategies that you might use to keep yourself from trying to multitask? I would love some ideas.

- Mike Doughty, Assistant Superintendent for Instruction

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Data Snapshot

This is a question from a November 2012 [Pew Research Study](#):

Do you ever find yourself checking your cell phone for messages, alerts or missed calls, even though you didn’t notice your phone ringing or vibrating? [IF YES: How often do you do this – frequently, occasionally, or just every once in a while?]

- 18% Yes, frequently
- 21% Yes, occasionally
- 28% Yes, every once in a while
- 32% No

Technology Tip of the Week

Typing the word **time** and the **name of a city** into the Bing or Google search bar will display the time in many cities around the world. For example, at 10:35 on November 1, 2013, I typed **time Prague** and received the following information: **3:35 PM**

Friday, November 1, 2013 (CET)
Time in Prague, Czech Republic



News and Notes

Email Update

I want to remind all BOCES staff that we will be moving from Lotus Notes to Outlook Web App (OWA) next weekend. With the upcoming change I want to make sure that staff understands that the Email and Campus Technology Teams will be working hard to make this move as painless as possible. The Email Team will be moving large amounts of email and calendar data during the weekend of November 8th which will restrict email access during that time. Email messages that are sent to you during the rollover should still arrive but will not be accessible until you return to work on Tuesday, November 12th.

I also want to remind staff that no change is taking place with your email name. The address that people use to send you email will remain the same.

Finally, you will still be able to use the WEBMAIL link on the BOCES webpage (www.monroe.edu) to access your email account. I hope everyone has a good weekend.

-Bill Gregory, Coordinator of Technology Operations

Connecting with a Colleague

Each week, a staff member will be selected to complete a brief questionnaire to help us get to know him or her. This week we are connecting with **Dan Healy**.

- **What are your primary responsibilities?** I am an Assistant Principal at the Bird-Morgan school. My responsibilities are varied, but I most often find myself supervising building level personnel and students, mediating and problem solving staff and student concerns, and assisting with supervision and monitoring of the development, implementation, and evaluation of all instructional programs within the school.
- **How long have you worked at BOCES?** I've been working at Monroe #1 BOCES since 2010.
- **What is your favorite part of your job?** I work with great students and staff. Every day is different and I look forward to spending time in classrooms, to see students doing great things, whenever I can.
- **What do you enjoy doing in your free time?** In my free time, I enjoy spending time with my wife and kids. My kids are 5 and 7 and we do lots of projects and activities together. We are all avid skiers, but also spend lots of time with art and music projects, Cub Scouts, soccer, basketball, hiking, biking, fishing, camping.....
If I ever find time to be in front of a television, I like to watch the Yankees, Giants, ND Football, and St. John's Basketball.
- **What is one thing you would like people to know about you?** I'd like to think of myself as a pioneer in the fashion world; I can often be found wearing my comfy Carhartt and sandals when not at work, even in the middle of winter.



Programs & Services Update

EMCC

Monroe #1 BOCES Eastern Monroe Career Center (**EMCC**) featured their Career & Technical Education programs at the 2013 New York State School Boards Association's 94th Annual Convention in Rochester on October 24th and 25th. Eleven senior EMCC students manned the Monroe #1 BOCES booth from 9:00 am to 1:00 pm on October 25th. The students encouraged NYSSBA visitors on the convention floor to visit the EMCC booth to learn more about CTE education. The main feature of the booth was a stop-motion video produced and edited by David Montgomery. Photography by Lea Polizzi was 'stitched' together digitally to create the visual effect of motion in the video. **To see Lea's photography and David's production, click [here](#).**

Learn more about Lea and David in this week's EMCC Student Spotlight.

EMCC Student Spotlight

This week we have 2 students in the spotlight: **Lea Polizzi and David Montgomery**

Lea Polizzi:

- **What is your school district/high school?** Brighton
- **In what EMCC program are you enrolled?** Visual Communications
- **How did you first hear about EMCC?** A few of my friends attended in other programs and recommended it.
- **Why did you choose to come to EMCC?** I was really interested in Photography and my home school's photo courses were filled. My counselor thought Visual Communications would be a good fit for me. So here I am.
- **What is your favorite part of this program?** I like having the opportunity to work in studio and with actual clients. This is an aspect I could not get in a traditional art or photo class.
- **What class or staff member at your home school has helped you to be successful in this program?** *Mrs. O'Brien*, my counselor, has always pushed me to go for what I wanted and to take risks instead of playing my education safely.
- **What are your future goals beyond high school?** I would like to achieve my Bachelor's of Fine Arts in Photography from a great college. However, I am waffling about where to attend at this moment. Yikes.
- **What is one thing you want people to know about you?** I am really looking forward to working with the Cosmetology class on our combined class ERA project (where we research the fashion of a particular time period, style ourselves in period costume and use our photo skills to visually represent this period) because I want to pursue a career in fashion photography.



David Montgomery:

- **What is your school district/high school?** Pittsford - Mendon
- **In what EMCC program are you enrolled?** Visual Communications
- **How did you first hear about EMCC?** I heard about it through the counseling office at school, while I was selecting my electives for 11th grade.
- **Why did you choose to come to EMCC?** It was a perfect opportunity to develop the skills I need to be an industry professional. Two to three hours a day of focusing on what I am interested in, sounded great.
- **What is your favorite part of this program?** I think the attitude and the way it feels to be here is different from a regular classroom. You spend less time taking notes and more time working with the materials you are learning.



- **What class or staff member at your home school has helped you to be successful in this program?** *Mr. Gostling's Communication Systems* course provided me with the spark to pursue this field as a career as opposed to just looking at this as a hobby.
- **What are your future goals beyond high school?** I would like to attend Ithaca College to study Cinema and go on to produce movies independently or for a studio.
- **What is one thing you want people to know about you?**
The one thing I want to do more than anything else is to produce films. I really love documentaries, horror, anything. I love it all.

Creekside and District Based Programs

After Hurricane Sandy cancelled the 2012 Pumpkin Dance it was evident that the students and alumni from Creekside and District Based were glad to get back to tradition. On Wednesday October 30th, the Foreman Cafeteria was filled with students, staff, and families celebrating in fine Halloween fashion. Admission to the dance was a nonperishable food item that Creekside students will use to fill Thanksgiving Food Baskets for families in need. Under the skillful direction of DJ John Rigney, everyone filled the dance floor, song after song and smile after smile. A highlight of the evening was the presentation of Best Female and Best Male Costume Awards. This year's winners were Cleopatra and Mario, Deneane Roberts of Creekside and Wisjail Perez of District Based. A special thank you to all the staff who attended and supported the event. We could not offer this exceptional evening without your help.



- Mark Frenzel, Principal Creekside and Cyndi Lembo, Principal District Based

Instructional Programs

The only important difference between these two celebrities is that one of them works for BOCES. You can see him perform live in the Simple Machines video conference for third grade. Interesting fact: Neither one is dressed up for Halloween. Can you name both men?



- Steve Orcutt, Director of Instructional Programs

SANE (Sometimes Acronyms Need Explaining)

Document Based Question: **DBQ**