



Weekly Bulletin



“Truth is strong, and sometime or other will prevail.”
- Mary Astell

Upcoming Events

- Tues., Nov. 19 – School-Related Professionals Recognition Day
- Thurs., Nov. 21 – Regular Board Meeting
- Wed., Nov. 27 – Hanukkah begins at sunset
- Thurs., Nov. 28 – Thanksgiving
- Thurs., Dec. 5 – International Volunteer Day
- Mon., Dec. 16– National Chocolate Covered Anything Day

Follow this [link to the BOCES Calendar of Events](#)

A Message from Mike

This is the 199th issue of the Monroe #1 BOCES Weekly Bulletin. Next week I will have more to say about the 200th issue.

This week I have been thinking a lot about language and how important it is to the messages we try to communicate. I have come to the conclusion that language matters. People pay attention to the words that you use. I noticed big themes as I paid close attention to the words I heard people use.

1. People (adults) have a tendency, especially in education, to use more words than are necessary. In addition to using too many words, I noticed many people using really big words when simple words will do just fine. When you are communicating to a large and diverse audience, plain language will make your message understandable. Remember that there is a difference between simple and simplistic. Consider your audience as you speak and write.
2. I also noticed that inclusive language makes a difference. Consider these two statements:
 - a. “My teachers are working really hard.”
 - b. “Our teachers are working really hard.”

Changing one small word makes a big difference. Very early into my first principal job, my father, at the time a high school principal, helped me understand this important distinction. He also told me never to leave my office without my jacket on.

It’s important to remember that we choose the words that we use. And as one of my favorite attorneys often reminds me, “everybody makes choices.” Here’s hoping we make smart ones.

- Mike Doughty, Assistant Superintendent for Instruction

In this Issue

Upcoming Events	1
A Message from Mike	1
Technology Tip of the Week	2
Connecting with a Colleague	2
Programs & Services Update	2
SANE.....	4

Data Snapshot

The percentage of internet users who are on Twitter has doubled since November 2010, currently standing at 16%. Those under 50, and especially those 18-29, are the most likely to use Twitter. Urban-dwellers are significantly more likely than both suburban and rural residents to be on Twitter (*source: Pew*).

My Twitter handle is @doughtymike. I don’t tweet often, but I do use it to follow others.

Technology Tip of the Week

Bing and Google

Typing the word **weather** followed by a **city and state (or ZIP code)** into Bing or Google will display the current weather conditions for that location.



Connecting with a Colleague

Each week, a staff member will be selected to complete a brief questionnaire to help us get to know him or her. This week we are connecting with **Barbara DeVito**.

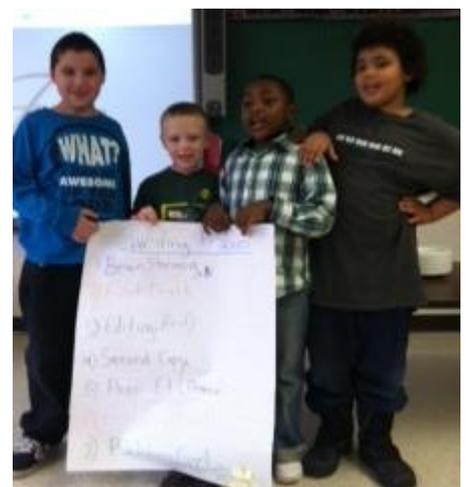
- **What are your primary responsibilities?** My primary responsibility is taking care of the 700 retirees' questions and paperwork.
- **How long have you worked at BOCES?** I joined BOCES in August of 1990 and have enjoyed being in the Human Resource Department ever since. I have been fortunate to work with some of the nicest people and wouldn't ask for a better position than I have now.
- **What is your favorite part of your job?** My favorite part of the job is communicating with the retirees and current employees.
- **What do you enjoy doing in your free time?** In my free time I take care of my two precious grandchildren three days a week after work. I have been married to my husband for 45 wonderful years. I try to golf at least three times a week from April to October and then I downhill ski with friends and family for my winter sport.
- **What is one thing you would like people to know about you?** I like to keep active and even have my private pilot's license, and on my bucket list is hang gliding.



Programs & Services Update

District Based

Students in Mr. Kovall's class at East Rochester Elementary School spent several weeks in October writing Scary Stories. The process included several steps: brainstorming (developing their ideas), writing a first draft, editing (fixing any issues), writing a second draft, and then doing a peer review before developing their final copy. The last step was to publish their work, which included adding scary and appropriate sound effects throughout the story. The students recorded their stories and presented them from the author's chair. In the audience were parents, classroom staff, administrators, and related service providers. Each story was unique and very interesting. Great job, Mr. Kovall's team!



- Cyndi Lembo, Principal District Based

EMCC Student Spotlight

This week we have 2 students in the spotlight, **Cory Ward and Wilfredo Morales**.

Cory Ward:

- **What is your school district/high school?** Rush Henrietta
- **In what EMCC program are you enrolled?** Professional Health Careers
- **Why did you choose to come to EMCC?** I wanted to experience what it would be like to have a career in the health care field.
- **How did you hear about EMCC?** Some of my friends came here; they were in other classes, but I looked in the catalog and thought Professional Health Careers would be fun.
- **What is it like to be in a career path that is non-traditional for your gender?** It's awesome! It definitely has its perks because I can get away with things and I can also show off--like with strength. Sometimes it's like having 22 mothers in one room.
- **What do you think it would take to get more boys to take the Professional Health Careers class?** I think more boys would take the class if they just knew how much fun it is. After a while, it feels like being part of a family.
- **What is your favorite part of this program?** I look forward to coming in every day and knowing there will be a new skill to learn or a new challenge to overcome. When we are out on clinical, I really enjoy hearing all of the elderly residents' life stories.
- **What classes at your home school have helped you in this program?** Science definitely helped as well as lunch! Socializing is an important skill to master because I have to be able to effectively communicate with others.
- **When did you know you wanted to pursue this career?** I knew this program was for me when I came to the EMCC visitation and saw the classroom and the manikins. Also, everyone in the class was really friendly.
- **Who most influenced your decision to pursue this career?** I would have to say my parents because they have always told me to do what I want. When it came to this, they really encouraged me to pursue this career. My mother works for Heritage Christian Services and I would sometimes go with her to the residents' homes and it was awesome to see people helping others in need.
- **What is one thing you want people to know about you?** I am a friendly, funny guy who loves to have a good time. I love playing sports, especially football at RH.
- **What are your future goals beyond high school?** I want to pass the CNA test to become certified in New York and maybe work at the Fairport Baptist Homes or another nursing home in the area.



Wilfredo Morales (left) and Cory Ward (right)

Wilfredo Morales:

- **What is your school district/high school?** East Rochester
- **In what EMCC program are you enrolled?** Professional Health Careers
- **Why did you choose to come to EMCC?** I have always been interested in the medical field.
- **How did you hear about EMCC?** Many of my friends who have been part of the program told me about it. I came to the visitation and I liked it a lot.
- **What is it like to be in a career path that is non-traditional for your gender?** It's kind of annoying sometimes, and it's awkward to have to learn skills associated with taking care of females, but it helps because that's how it's going to be in a real-life career in this field.
- **What do you think it would take to get more boys to take PHC?** I would show them that it's not all nursing; they need to see that it's more than taking temperatures and doing traditional nursing tasks. We learn so much about helping people on a personal level.
- **What is your favorite part of this program?** I like doing hands-on work; we don't have to just sit and listen to lectures. Also, I know how I would want my own family members to be treated, so I try to give our residents the best care possible.
- **What classes at your home school have helped you in this program?** Definitely biology!

- **When did you know you wanted to pursue this career?** When I came to visit, I didn't really know what I wanted to do; afterward I knew how great it would be to work in the medical field.
- **Who most influenced your decision to pursue this career?** My mother influenced me the most because she has always worked in the medical field, and when I talked to her about the PHC program, she thought it was a great place to start.
- **What is one thing you want people to know about you?** I love music. I've been to many concerts—too many to count! I have played the trumpet since the fourth grade. I play in the East Rochester high school band and I am in the chorus there as well.
- **What are your future goals beyond high school?** I don't know yet. I need to figure out what I want to do and do it well. I have really learned a lot at EMCC about nursing, and I love it, but I don't know for sure if that is the career I will ultimately choose. I want to keep my options open.

On Friday, November 15, the local high school band, "10 Days of Rain", was a guest on the WBER Friday Morning Show. Three members of the band are Fairport High School students. One member attends The Harley School and the other has graduated from Fairport. They are a very talented, all instrumental band. It was great learning about their band and helping them have their music played on the radio for the first time.

- Steve Orcutt, Director of Instructional Programs



SANE (Sometimes Acronyms Need Explaining)

District Superintendent: **(DS)**