



Weekly Bulletin

“ Singing is like a celebration of oxygen.”
-Bjork

Upcoming Events

- June 2-June 8 – National CPR and AED Awareness Week
- Thurs., June 6 – Regular Board Meeting
- Fri., June 14 – Flag Day
- Sun., June 16 – Father’s Day
- Thurs., June 20 – Regular Board Meeting
- Fri., June 21 – First Day of Summer

Follow this [link to the BOCES Calendar of Events](#)

A Message from Mike

Here is a conversation that took place earlier this week between my daughter Emma and my bride:

Emma: I love this time of year at school. We're cleaning up, getting things ready for the end of the year. And we still have work, but we don't have as much. Plus it seems easier, especially math.

Theresa: That's cool. I love all of the end of year celebrations. Why do you think the work is easier?

Emma: Because I know more. They taught us a lot.

Theresa: You don't think math is easier because you know your facts?

Emma: Maybe (big smirk on her face). Did you know that when you add and subtract fractions with uncommon denominators you have to use multiplication?

The wonderful thing about working in education is that we get to see people grow, change, and learn right before our eyes. This time of year is particularly magical as we recognize students and celebrate their work. I was able to see evidence of this recently as I attended two events in the same day at our Creekside School: the last awards assembly of the year and the chorus concert. During the awards assembly, several students were honored for their hard work and success both academically and behaviorally. It was clear to me that while the accomplishments of each student were very different, the common denominator was that each student had grown in the areas specific to his or her own needs based on hard work.

Later in the same day, I returned to the Creekside Cafeteria for the Chorus concert. To see students so completely engaged as performers and audience members was breath-taking. This is truly a unique experience for our students where, as Principal Mark Frenzel said, “the students are the main event from the beginning to the end.” I couldn’t have said it better myself. Several staff members, including Mark, even got into the act with some “rapping.” While this can feel like an overly busy time of year, I encourage you to savor the moments when you get to see the fruits of students’ labors in performances and recognition ceremonies.

-Mike Doughty, Assistant Superintendent for Instruction

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Data Snapshot

Teen social media users do not express a high level of concern about third-party access to their data; just 9% say they are “very” concerned.

(source: [Pew](#))

Did You Know?

Notetaking:

- The Deaf Education and Vision Department has 19 Notetakers on staff in 15 schools across 6 districts.
- Many of our deaf and hard of hearing students have their class notes created on a tablet computer. The notes are then edited and emailed to them. It is convenient for the student and a nice way for support service providers, teacher, and parents to receive the notes if they want to review them with the students.

Teachers of the Deaf/Hard of Hearing:

- Teachers of the Deaf/Hard of Hearing work with students on self-advocacy skills for how best to learn in an aural/oral learning environment. This development of self-concept as a Deaf or Hard of Hearing individual may include auditory training, knowledge of and about their learning needs in a mainstream environment, and how to best work with service providers as they move into post-secondary settings.
- Teachers of the Deaf/Hard of Hearing provide services to students in 4 counties: Monroe, Ontario, Wayne, and Seneca.

Signing Skills Coach:

- Signing Skills Coaches provide 1:1 support for students with a wide range of learning needs. Half of these students have a hearing loss and half are hearing but require a non-verbal mode of communication for expressive communication.

Captioning:

- Monroe #1 BOCES is one of only four programs in the country that has access to software allowing for split-screen captioning: real-time captioning and the ability to capture diagrams and formulas on the other half of the screen. This software is possible through collaboration with the National Technical Institute for the Deaf, one of the colleges at Rochester Institute of Technology.

-NancyJ Carr, Program Coordinator, Deaf/ASL Education-Vision/Orientation & Mobility Department

Technology Tip of the Week

Thanks to Diane Smith for the following tech tip:

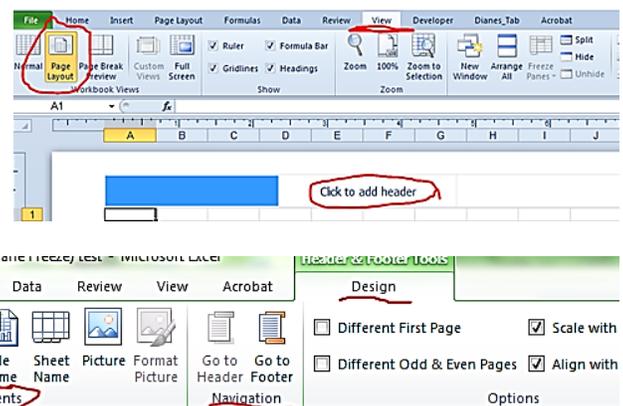
Using Headers and Footers – an excellent work habit

Nothing is as frustrating as being unable to print a file because you can't find it and don't remember what you called it or printing a worksheet, editing it, reprinting it and not being able to tell which printout is the most recent.



To avoid these problems, get in the habit of putting information into your Printing Headers and Footers. This feature is available in both Excel and Word. (next week I'll give you the instructions for Word) There are 6 areas where you can insert your own Text or have Excel put in any of the following "Fields": Today's **date**, **Time**, **Page #**, **Total #** of Pages, **File Name**, **Sheet Name**, **File Path** (what folder you stored the file in) or even a **Picture**. To do this:

1. Go to **VIEW** ribbon.
2. Change the Workbook View to **Page Layout**.
3. Click in the "**Click to add Header**" (blue box). The design ribbon will display.
4. On the **Design** ribbon, select the elements you want to insert from the "Header & Footer Elements" section.
5. To switch to the Footer section, click on "Go to Footer".
6. When you are done – just click anywhere in the worksheet.



Programs & Services Update

District Based

Stephanie Scism, Marne Brady and Theresa Symer attended the Special Olympics Event in Hilton. Many of our students were sporting handmade tie dye t-shirts which were made under the direction of Angela Bijak. Under sunny skies and very warm weather, our Olympic Athletes competed under the Special Olympic Motto of "Let me win but if I cannot win let me be brave in the attempt." The spirit of support and camaraderie was evident at Johanna Perrin Middle School where the entire school lined the halls to cheer on the Fairport athletes as they paraded to their buses. Middle school students and staff held signs, cheered loudly, and gave high fives to the JP athletes for a send-off that warmed the soul. Congratulations to all our athletes and staff for their participation in this wonderful event.



-Cyndi Lembo, Principal, District Based Program

News and Notes

Teena Fitzroy, Family Information Specialist

I will be one of 15 guest speakers at the TEDxFlourCity conference on June 8, 2013 at the Academy of Medicine at 1441 East Ave. I hold a B.S. in Sociology from S.U.N.Y. Geneseo and have been a strong advocate and presenter for individuals with disabilities for over 25 years in Rochester and nationally including California, New Orleans, Ohio, Kentucky, and Texas. I will be presenting "Teena's Trunk" which includes my personal experiences of growing up with cerebral palsy. I am honored and excited about this new adventure.



TEDxFlourCity is a day-long event highlighting the passion, ingenuity, talent, and perspectives of a remarkable group of Rochester-area residents. This year's program will combine extraordinary research and innovation in the community with unique stories and unusual perspectives. The goal is to provide a forum for people to share what inspires them, but also to inspire others and to form connections that will enable great ideas to come to fruition.

For more information about Teena and the TedxFlourCity Conference, please visit the [TedxFlourCity website](#).

-Teena Fitzroy, Family Information Specialist

Connecting with a Colleague

Each week, a staff member will be selected to complete a brief questionnaire to help us get to know him or her. This week we are connecting with **Joanne Napolitano**.

- **What are your primary responsibilities?** Besides the usual clerical duties, one of my responsibilities is creating BOCES employees' and students' photo ID badges. I maintain a database of students' disciplinary actions for a yearly report to New York State. I also keep a record of staff injuries that occur during working hours and report the results to NYS annually. There are many



facets to this position, but this is what makes working in this department interesting.

- **How long have you worked at BOCES?** I have worked at BOCES for 9 years, starting in Central Records for close to seven years, moving to Microfilm Services for a while, then Adult Ed., and finally to Safety & Security, where I've been for 2 years.
- **What is your favorite part of your job?** My favorite part of the job is that each day is different, so it is not the least bit boring!
- **What do you enjoy in your free time?** I have always enjoyed cooking and baking for my family, and occasionally entertaining a large group. Of course, shopping is a favorite pastime, mostly buying new things to redecorate my apartment by changing color schemes. I was never much of a reader, but I've recently acquired an interest in Mary Higgins Clark novels and Janet Evanovich's Stephanie Plum character books.
- **What did you enjoy most about last year's superintendent's conference?** Unfortunately, I did not attend any of the programs presented at the Superintendent's Conference because I needed to be in the Safety & Security office in case of an emergency.
- **What is the one thing you would like people to know about you?** I would like people to know that I pride myself on having raised each of my three children to become responsible and successful adults.

Health Services Update

FIRST AID THAT'S NO AID

Over-the-counter (OTC) antiseptics and wound cleansers are at best unnecessary, and some may do harm. Here are the so-called staples of the first aid kit you'd be better off without:

- **Mercurochrome/merthiolate** – contain mercury; toss it
- **Hexachlorophene/hexylresourcinol** – kills microbes, but damages skin
- **Benzalkonium chloride** – less harmful than some, but soap inactivates it
- **Chlorhexidine** – can increase inflammation if used in high concentrations, otherwise less harmful than some
- **Hydrogen peroxide** – not a good cleansing agent; damages skin; can retard healing
- **Iodine** – irritating; retards healing
- **Betadine (povidone iodide)** – can slow healing; not as irritating as iodine
- **Antibiotic ointments** – may help healing of minor wounds; can cause allergic reactions or skin irritations
- **Rubbing alcohol** – kills microbes, but damages and dries out skin; should never be poured on a wound; may be used to clean implements or skin for injection sites

The best advice: Hold a wound under cool running water or swab it with a clean wet cloth. This is far better than any antiseptic you can buy. Use soap on the surrounding skin, but not the wound itself (as it can damage injured tissue).

(source: UC Berkeley Wellness letter, December 2008)

SANE (Sometimes Acronyms Need Explaining)

Thanks to Nichole Outhouse, Director of Teacher Center, for the following explanation:

Extended School Year (ESY): CSE determines whether a student requires special education services during the summer months in order to prevent substantial regression.