



Weekly Bulletin

“

I went to school for accounting, and I spend my day talking about things you find in a hardware store.”

- Lisa Ryan, Assistant Superintendent
for Finance & Operations

Upcoming Events

- Sat., May 18 – Armed Forces Day
- Tues., May 21 – Statewide School Budget Vote
- Thurs., May 23 – Regular Board Meeting
- Mon., May 27 – Memorial Day
- June 2-June 8 – National CPR and AED Awareness Week
- Thurs., June 6 – Regular Board Meeting

Follow this [link to the BOCES Calendar of Events](#)

A Message from Mike

As a teacher, the connection between perseverance and achievement has always fascinated me. In this recently posted [TED talk](#), Angela Lee Duckworth shares the results of research related to grit and success. As I was watching, I kept thinking about our students, many of whom have very significant needs, and how hard they work every day to improve. At one time it was thought that the human brain stopped developing at adulthood and that you were pretty much stuck with what you had at that point. From what brain researchers have been able to learn about neuroplasticity over the last decade, it is clear that with stimulation, people's brains continue to develop throughout their lives. Carol Dweck, a psychologist and researcher at Stanford University, has defined this in terms of two types of mindsets – a fixed mindset and a growth mindset. A growth mindset is characterized by belief that anyone can get better at anything. In his book *Talent is Overrated*, Geoff Colvin explores the concept even further. Colvin identifies the essential elements of deliberate practice, which is necessary for peak performance (think Tiger Woods, The Beatles, etc.) in almost any area. Deliberate practice takes time, requires regular feedback from an expert coach, and can be unpleasant. The perseverance or grit required for continuous improvement is on display all over BOCES every single day. Take a moment to notice and recognize this hard work.

-Mike Doughty, Assistant Superintendent for Instruction

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Data Snapshot

74%

The percent of smartphone owners who use their phones to get real-time location-based information

(source: [Pew](#))

Did You Know?

The Regional Special Education-Technical Assistance Support Center (RSE-TASC)

- The Regional Special Education-Technical Assistance Support Center (RSE-TASC) is a state funded technical assistance center that serves the 71 districts in our Joint Management Team.

- The student population in our region is approximately 186,000 and, of that, approximately 25,000 are students with disabilities.
- There are close to 5,000 Limited English Proficient/English Language Learners (LEP/ELL) identified in the 71 districts with linguistic backgrounds representing 38 languages and over 50 countries.
- There are 10 RSE-TASC Regional Offices throughout the NYS, from Buffalo to NYC and Long Island.
- The RSE-TASC organization employs 188 people across the state; 69 of them are Part 1 Regional Specialists and 119 are Part 2 School Improvement Specialists.
- The RSE-TASC provides training and technical assistance for more than 20 different topics all related to improving outcomes for students with disabilities.
- The RSE-TASC has existed in some form since 1979, starting out as the Special Education Materials Assistance Centers or SEMAC, a state-funded resource for dissemination of materials. Later, it evolved to Special Education Materials and Information Center, or SEMIC, a state-funded resource for dissemination of information and materials. It evolved again to Special Education Training and Resource Center SETRC, a state funded network for dissemination of information, materials and the provision of professional development.
- In 2009, it became the Regional Special Education Technical Assistance Support Center, or RSE-TASC, a state-funded network providing targeted technical assistance and professional development to improve outcomes for students with disabilities.

-Kelly Endres, Coordinator, Midwest Regional Special Education Technical Assistance Support Center (Midwest RSE-TASC)

Technology Tip of the Week

Thanks to Diane Smith for the following tech tip:

Keep Column Headings showing on Excel worksheets (Freeze Panes)



When your Excel worksheets get very wide and long, it is often hard to tell what data column you are working in because you may be unable to see the headings or all rows and columns. **You can keep the heading and specific rows and columns visible (freeze them) so that you are always able to see them when you scroll around your worksheet.** In the example below, we are freezing the heading row (row 1) and column A (student names).

To do this:

1. Put the cursor in the first row below the headings and the first column to the right of the columns you want to freeze and click on the cell. (In this example it is **cell B2.**)
2. Click on the **View** ribbon.
3. Click the drop down arrow next to **Freeze Panes** and click **Freeze Panes**.

Now when you scroll through your worksheet, Column A (student names) and row 1 (headings) are always visible. Notice, in the photo to right, if working in columns O and P and row 74, you can still see **headings** and **student names**. This makes it much easier to see where you are inputting the data.

4. **To turn Freeze Panes off...**Click the drop down arrow next to Freeze Panes and click **Unfreeze Panes**.

	A	B	C
1	Student Name	Homework 1	Homework 2
2	Cue, Petey	68	72
3	Dover, Ben	83	74
4	Kain, Candy	66	59

	A	O	P	Q
1	Student Name	Homework 14	Homework 15	Homework 16
74	System, Buddy	53	57	
75	Graph, Otto	96	98	
76	Tress, Matt	100	53	
77	Baptist, Anna	88	94	
78	Graph, Otto	50	55	
79	Krap, Lotta	97	92	
80	Monte, Dell	72	58	
81	Tall, Jerry	91	82	
82	Tucket, Nan	76	82	
83	Bearer, Paul	97	96	
84	Board, Bill	87	98	
85	Kode, Morris	68	52	
86	Tall, Jerry	60	91	
87	Cost, Holly	63	71	
88	Moss, Pete			

Connecting with a Colleague

Each week, a staff member will be selected to complete a brief questionnaire to help us get to know him or her. This week we are connecting with **Pat Ladd**.

- **What are your primary responsibilities?** My position in the kitchen is that of Cook/Manager. I cook all meals that go out of the Foreman Center to the Alternative High School and meals served in the Central Kitchen. I also do food inventory checks on orders coming into the kitchen. I oversee four colleagues on a daily basis and do caterings for large or small groups when needed.
- **How long have you worked at BOCES?** I have been with B.O.C.E.S for 23 years. I started my career as assistant manager at Vollmer School. When that location closed up, I came to the Foreman Center and soon moved up to manager.
- **What is your favorite part of your job?** I have seen a lot of changes over the years, but the thing I love most is interacting with students and staff. It is wonderful to see how much they have grown and changed throughout the years. I also love my staff. They make me laugh on a daily basis. Thank goodness for their humor.
- **What did you enjoy most about last year's Superintendent's Conference Day?** What I liked most about last year's conference day was being able to interact with staff on a semi social level. We do not get enough time to talk as a group and be together.
- **What do you enjoy in your free time?** In my free time (who has much of this these days) I enjoy spending time with family and relaxing on our farm. I also like to read and draw. Summer is coming...relax and enjoy.
- **What is the one thing you would like people to know about you?** The one thing I would like people to know about me is that I really do enjoy my work and interacting with people. Thank you so much for giving me the opportunity to let people know a little bit about me.



News and Notes

Amazing – Our very own Justin “JP” Presciutti, the Amazing Spiderman Fan, has made it to the big screen. JP has had the privilege to be an extra on The Amazing Spider-Man 2 movie that is being filmed here in Rochester. In addition to being an extra on set, JP has made it to the cover of the Democrat and Chronicle, has been interviewed by channel 13WHAM, has been heard on Warm 101.3, has been invited to be on the set for each day of filming, was able to use the cameras, and of course met his idol, Spiderman. JP will have many mementos to add to his amazing Spiderman collection.

-Patty Yeager, Creekside Teacher



SANE (Sometimes Acronyms Need Explaining)

Thanks to Nichole Outhouse, Director of Teacher Center, for the following explanation:

Therapeutic Crisis Intervention (TCI): crisis management protocol developed by Cornell University that assists organizations in preventing crises from occurring, de-escalating potential crises, managing acute physical behavior, reducing potential and actual injury to young people and staff, teaching young people adaptive coping skills, and developing a learning organization