



# Weekly Bulletin

“Life can be pulled by goals just as surely as  
It can be pushed by drives.”  
- Viktor E. Frankl

## Upcoming Events

- July 19 – Adult GED Graduation-W.I. High School Auditorium
- Fri., July 27 – System Administrator Appreciation Day
- Aug. 16-17 – Regents Exams ([link to the schedule](#))
- Fri., Aug. 17 – Last Day of ESY
- Mon., Sept. 3 – Labor Day

Follow this [link to the BOCES Calendar of Events](#)

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## A Message from Mike

In his 2010 TED talk, Sir Ken Robinson gave a follow up to his 2006 talk. Here is the [link to the video](#). At a conference I attended recently I heard Sir Ken speak live, and he is just as engaging in person as he is online. This particular TED talk has been viewed almost three million times. His message about the need for a diversity of human talent is very compelling and central to our mission as an organization. Consider the many ways that we help students to develop their talents in areas that may or not look like traditional classrooms: career and technical education, adult education, and the myriad special education programs designed to meet students’ unique needs. This is exactly what Sir Ken Robinson is talking about.

- Mike Doughty, Assistant Superintendent for Instruction

## Technology Tip of the Week

Thanks to Bill Gregory, Coordinator of Technology Operations, for submitting this Tip of the Week:

### Minimize quickly in Windows 7

If you have multiple windows open on your desktop and things are getting too cluttered you can use the *Aero Shake* feature to minimize everything in seconds using a cool mouse gesture. Grab the title bar of the window you wish to keep open and give it a shake – this will allow you to have a clear desktop area.

## Connecting with a Colleague

Each week, a staff member will be selected to complete a brief questionnaire to help us get to know him or her. This week we are connecting with **Gale Berger**.

- **What are your primary responsibilities?** My responsibilities this school year will include teaching the high school GED program for 1/2 day and being a consultant teacher for 1/2 day.



- **How long have you worked at BOCES?** I have been with BOCES 20 years and I have been fortunate to have worked in a variety of capacities during that time. Prior to teaching, I had a career as a rehabilitation counselor doing crisis intervention and case management with teens and their families.
- **What is your favorite part of your job?** My favorite part of the job is being with students when they have "aha" moments - when they understand or succeed at something they thought they couldn't do. I also think the best days on the job are those that are filled with as many moments of shared smiles and laughs as possible!
- **What do you enjoy doing in your free time?** I love to spend time with my family but since our children all live in the Boston area, we are often on the road. I also enjoy walking my dog, bicycling, playing cards and online games, going to concerts and, of course, doing math problems.
- **What is the one thing you would like people to know about you?** Most people know I love math but I wasn't the best math student in high school or college. I had to work hard to get through difficult material, but the satisfaction I got from finally figuring it out made it worth the effort.

Look for a different colleague to be profiled each week.

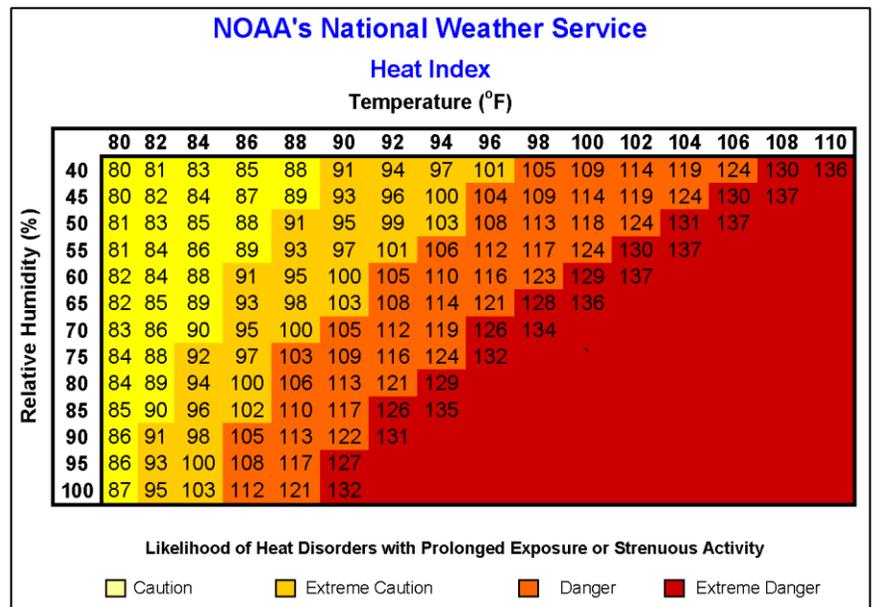
## Health Services Update



The hot weather this year started out with a bang. With temperatures in the 80s in March and near 90 in April, the summer looks like it could be quite a toasty one. Many of our students may also be extra

sensitive to the heat (due to medical conditions or medication), so we need to be vigilant that no harm comes to them (or us!) due to excessive heat.

Please monitor yourself and others during outdoor activities or physical exertion. Take frequent breaks to rest and drink water. Watch for signs of overheating: very red face, panting, nausea or dizziness. If you or others feel dizzy or nauseous, rest immediately (in the shade), drink liquids and call a nurse for students with these signs. If these symptoms do not improve (or worsen) call 911. Refusing water, vomiting or change of consciousness is cause for calling 911 immediately. Heat related illness can become life threatening very quickly.



If you have questions regarding the safety of any temperature/humidity combination, refer to the chart above, developed by the National Weather Service and NOAA (National Oceanic and Atmospheric Administration).

- Kathy Mackay, RN, SNT, FNP, Executive Coordinator of Health Services

## News and Notes

- If you know an unemployed educator looking to pay the bills until the "right job" comes along, please consider referring them to an Adult Education Career Training program! We have training programs that range from 5-40 weeks in length. Anyone interested can visit the [Adult Education website](#) or contact Judy Breedlove at 383-2293 to arrange for an orientation and testing session.