

BOCES Bulletin

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Hoops/Jump Rope for Heart Fundraiser



I am determined to be cheerful and happy in whatever situation I may find myself. For I have learned that the greater part of our misery or unhappiness is determined not by our circumstance but by our disposition."

- Martha Washington

Upcoming Events

- April 14** Youth Workforce Innovations Conference at RIT
- April 16** American Heart Association Annual Heart Walk & Run
- April 18** **Superintendent's Conference Day (SCD)**
- April 19** School District Budget and Proposition Votes
- April 21** Regular Board Meeting
- April 22** Earth Day; Passover Begins
- April 27** Administrative Professionals Day

Follow this [link to the BOCES Calendar of Events](#)

Remember SCD!



From the District Office

One of the best things about BOCES is the diversity of our programs; this just doesn't exist in regular school districts. And one of the great parts of my job is that I do observations in all programs. Recently, I finished my formal observations and post-observation conferences and was thinking about how all the meetings had gone and, beyond being impressed with our staff, I noticed a pattern. During those post-observation conferences, I asked many of the folks I met with what they liked most about their jobs and what they found most challenging. The responses were fascinating. Often, what they liked most about their jobs were the same things that were most challenging: the complexity of the students' needs, the pace of the work, and a need to be constantly learning, were often recognized as challenges and, in the next breath, identified as what people liked most about their jobs. How can this be?

It turns out that my observations support well-researched and established ideas about happiness and job success. In one of the most popular TED Talks of all time, and one of my personal favorites, psychologist Shawn Achor, shares "The Happy Secret to Better Work." I'm sure I've shared this talk before, but it's worth another watch. During the talk, Achor reveals that, in reality, if I know everything about your external world, I can only predict 10% of your long-term happiness. Ninety percent of your long-term happiness is predicted, not by the external world, but by the way your brain processes the world. What we found is only 25% of job successes are predicted by IQ; 75% are predicted by one's optimism levels, their social support and the ability to see stress as a challenge rather than as a threat.

I encourage you to think about what you find the most rewarding about your work and see if it matches what you also find difficult and challenging; I think you might be surprised.

- Mike Doughty, Deputy Superintendent

Board Briefs

Click here for the Board Briefs for **April 5, 2016**:

http://www.monroe.edu/files/filesystem/BOEBRIEFS_04_05_2016.pdf

Professional Development

2016 Superintendent's Conference Day

Monroe #1 BOCES: Celebrating 60 Years of Service

Superintendent's Conference Day is **Monday, April 18th**.

Start Time: **8:00 AM** End Time: 12:30 PM

BOCES employees will drive, OR take a shuttle bus, to the Rochester Riverside Convention Center at 123 North Main Street, Rochester, NY 14604.



- **If you reserved a seat on a bus**, buses will leave from the Foreman Center Red Awning at 7:15 a.m. Shuttle buses will drop off and pick up at the Main Street entrance.
- **Staff who are driving** should park in the South Avenue parking garage. Enter the garage off of South Avenue and bring your parking ticket with you into the Convention Center. [Click here for directions](#).

[Click here to see a trial run](#) of a staff member traveling to the Rochester Riverside Convention Center from the East.



The Schedule:

- | | |
|----------------------|---|
| 8:00 – 8:45 | A light breakfast with seating in the Empire Hall South (Menu items: coffee, tea, assorted juices, water, fresh fruit, yogurt, granola bars, muffins, danish, bagels, assorted breakfast sandwiches.) |
| 8:45 – 9:45 | Welcome & Keynote with Rick Lewis in the Empire Hall South |
| 9:45 – 10:00 | Break (no refreshments provided) |
| 10:00 – 12:30 | Large group sessions (locations provided below) |
| 12:00 – 12:30 | Celebration cake, parking validation (Galleria/Street Level) & dismissal |

The locations for each session are as follows:

Session Title	Room/Level
Advanced Mindfulness	Lilac Ballroom/Street Level
Creating Safe and Inclusive Schools for LGBTQ	Riverside Court/Street Level
Teach Like a Pirate	Highland Ballroom/Street Level
The Nurtured Heart Approach	Empire Hall South/Exhibit Level
Tips-n-Tricks for OneNote	Cascade Rooms/Street Level

[Click here for a map of the Rochester Riverside Convention Center](#).

After Superintendent's Conference Day you will receive two surveys. One survey will pertain to the session you attended. This feedback will be forwarded to each presenter. You will also receive an overall survey regarding the day. Please complete these for your professional development hours and future planning.

If you have any questions regarding April 18th, please contact the Office of Curriculum, Instruction and Professional Development at 249-7039 or 383-2277.

Professional Development for Teachers

Instruction for All (IFA)

IFA is presented for administrators, teachers and related service providers, with 3 or more years of experience. Staff members, in their tenure year or after, participate in a series of sessions designed to support the craft of planning effective, standards-based instruction.

One of the focal points of *Instruction For All Students* training is “The Ovals” which provides an essential planning framework, based on the *Understanding by Design* work of McTighe and Wiggins. The power of backwards design is it clearly defines goals and ensures all learning experiences are aligned to the desired outcomes. The first oval asks teachers to determine what the students should be able to know and do based on the standards the unit will be focused on. Before teachers begin selecting activities and resources that align to that unit, they design how students will demonstrate their understanding and abilities. This process occurs in the second oval. After considering the needs of their students through the task analysis process, teachers plan the itinerary of learning experiences that will lead all students to the desired outcome. This process is represented in oval three. The final oval asks teachers to reflect on student data and make adjustments to the learning plan moving forward.

We have worked with several teachers to write curriculum and plan units using the Oval Planning Process over the past few years. A great example of the power of the ovals is from the work done with one of our high school teachers as we designed an online class on Moodle. We began this endeavor simply trying to take the activities and resources she used in her traditional classroom setting and put them on Moodle. We realized we would have to think differently as we discovered that teachers and students interacted differently in the online environment versus traditional classroom instruction. We used the ovals planning process to help us understand exactly what we wanted students to take away from the unit and then designed learning experiences that could be used in Moodle. Although different paths are taken, both the online and classroom cohorts bring students to the same desired understanding of the curriculum.

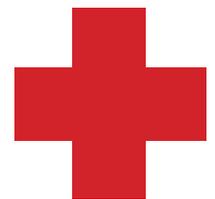
- Submitted by Jason Rotundo and Mike Monaghan, Instructional Specialists



News and Notes

Heartsaver First Aid Training

The BOCES Health, Safety and Risk Management Office will present a Heartsaver First Aid Training class:



Monday, April 25, 2016 8:30 am – noon

Location: Brookside School/Brighton Parks & Recreation Building, 220 Idlewood Rd, Rochester, NY 14618

Cost: \$20 per person and includes a certification card and Heartsaver First Aid text book.

The American Heart Association Heartsaver First Aid Course is designed to teach the lay rescuer lifesaving skills for medical, injury and environmental emergencies. **The course does not include AED and CPR and does not meet the NYSSED requirements for coaches.**

To register, [please click here for the registration form](#), have it signed by your supervisor and **fax it to our office** at 585-241-3668.

SAVE THE DATE!

Monroe #1 BOCES-wide event: The Amazing Race



Friday, May 13, 2016 @ 4:00 pm

Where: Pittsford Village (Meet in Fishers Room at Library)

Here's an amazing opportunity to let your competitive side show, while having FUN with your colleagues. A fun event for ALL Monroe #1 BOCES staff! Teams should consist of 4-5 members, or you can sign up individually and we will group you onto a team.

Sign-ups are open now through April 22, 2016.

Cost: \$10/person

Sign-Up Locations: Creekside Office
CTTS Office
EMCC Office
Harris Building Office
O'Connor Academy Office

2016 'It's For The Kids' Golf Tournament Fundraiser

Monroe #1 BOCES' Educational Foundation is again sponsoring our annual charity golf tournament:



"It's For the Kids"

Friday, June 3, 2016

at Greystone Golf Course in Walworth, NY.

One hundred percent of the proceeds from the tournament benefits Monroe #1 BOCES students in the form of scholarships and grants. 2016 is particularly special because we are celebrating our 60th anniversary—what a great way to celebrate by participating in our golf tournament!

So register to play golf and, if you don't golf that's not a problem, you can register to attend and enjoy dinner with us in the beautiful club house. Last year, we had great weather and hosted over 100 golfers with a total of 125 dinner guests and everyone had a lot of fun!

[To register for golf and dinner, click here.](#)

Please send completed registration forms to me in the Human Resources Office.

Registration deadline is May 10th!

-Submitted by Sheila Wallenhorst, president, Monroe #1 BOCES Educational Foundation

American Heart Association *Benefits from Creekside Fundraisers*

This year, I was tasked with organizing the *Hoops/Jump Rope for Heart* fundraiser for the American Heart Association. As this was my first time organizing it, the process was very new to me. After talking to Ashley Dates (my AHA representative) and knowing that many of our families find it difficult to raise money for charity, I thought it would be fun to organize some other fundraisers as well. I organized a silent auction, as well as a bake sale to increase our donations.

The silent auction offered gently used or new items donated by Creekside employees from home, and items from our partners at MetLife (Michelle Seibert from MetLife created several gift baskets for donation, as well as other items for the auction). Every item was marked with an opening bid and bids were placed throughout the day. The auction was a big success, raising \$670.60!

The bake sale was organized in a similar way with employees donating baked goods that were packaged and sold to staff throughout the day. The bake sale raised another \$441.25! In addition, the Go Red campaign generated \$305.00. The Creekside students and our MetLife partners raised an additional \$1,145.00.



All told, we raised a total of **\$2,561.85** for the American Heart Association!
Congratulations to our students and staff for their generous participation and support!

-Submitted by Gina DiTullio, Assistant Principal, Creekside School

Did You Know?

Interpretation and Translation Services

Monroe #1 BOCES' Interpretation and Translation Services supports school districts with the administration of New York State Assessments. **Vicki Bilotta** has arranged for 70 interpreters to interpret/translate assessments for students in grades 3–8 on April 13–15. The NYS Education Department provides translated editions for math in Chinese (traditional), Haitian-Creole, Spanish, Korean and Russian and for science (grades 4 & 8) in Chinese, Haitian-Creole, and Spanish. Our interpreters provide services for students who speak languages other than these languages. We will soon be busy filling requests for the Regents Examinations in June.

-Submitted by Joyce Cymber, Director for Regional Programs and Services

Good Apple Awards



In 1988, the administration at Monroe #1 BOCES developed the 'Good Apple' Award program to acknowledge staff who "make a difference" in our school community, and to recognize staff members who demonstrate the qualities of the BOCES vision: innovation, collaboration and leadership.

April 2016

JoAnne Jones (Multi-Occupational/FOCUS) nominated **Eric DiGiulio** (EMCC) for a Good Apple Award. JoAnn stated, "Eric has jumped into a number of situations lately from helping with students to literally saving my back. Both my chiropractor and I thank him."

Ashlee Hillengas (School Health Services-Hearing Screening) nominated **Donna Kocienski** (School Health Services) for a Good Apple Award. Ashlee stated, "Donna Kocienski has been amazing to work with. I know how busy the nurse's office can get at her school, but she worked on securing a room and also with the school counselor to set up a schedule for students to have their hearing screenings done. At a school with a 7th grade, it is usually a struggle to find students, but Donna ensured that every student had their hearing screened and that all teaching staff was made aware of the screening team's presence. The hearing screening team was so thankful for all of her help!"

Donna DeBiase (Business Office) nominated **Diane Smith** (Technology Services) and **Ann Thaney** (Human Resources) for Good Apple Awards. Donna stated, "Diane Smith and Ann Thaney have contributed a great deal of time and effort using their combined expertise in writing customized Macros and Crystal reports that enable me to 'electronically' maintain and quickly update extensive Excel workbooks. I am so appreciative of these dedicated ladies who have 'gone above and beyond' to simplify a formerly tedious process!"



Technology Tip

Thanks to Diane Smith for submitting this Technology Tip:

Inserting Common Special Symbols

The copyright symbol	ALT + CTRL + C	©
The registered trademark symbol	ALT + CTRL + R	®
The trademark symbol	ALT + CTRL + T	™





Monroe #1 BOCES . . . a look at the past: 1987 – 1991

- Monroe 1 BOCES establishes the **first Preschool Deaf/Blind program** in New York State.
- The **first Summer School of the Arts**, for 75 to 90 high school students established in 1988.
- The Occupational and Physical Therapy Department awarded a **\$7,500 grant** from the Daisy Marquis Jones Foundation to provide specialized equipment for a diagnostic center to evaluate and train physically challenged students in the use of computer and environmental controls.
- A new **therapeutic riding program** and facilities are developed at the Rush Campus in 1990.
- During the 1990-91 school year, a state grant established the **New Horizons Day Care** program, a new service providing day care for people in two new BOCES programs: the **Pregnant Teen/ Parenting Teen Program (Future)** and the **ACT Program (Adult Careers in Transition)** for adults.

1987 Cost of Living Facts:

New House	\$92,000
Average Income	\$24,350 per year
New Car	\$10,355
Average Rent	\$395 per month
Gas (1 gal. regular)	\$0.89
Dozen eggs	\$0.84
First Class Stamp	\$0.24
Annual inflation rate	3.66%



SANE (Sometimes Acronyms Need Explaining)

LPT:

Language Proficiency Team

A Language Proficiency Team (LPT) is a committee that makes a recommendation regarding the initial assessment of English Language Learner status for a student with a disability identified pursuant to the Individuals with Disabilities Education Act (IDEA). This means this process only applies to students with IEPs. The LPT must minimally be comprised of:

1. a school/district administrator,
2. a teacher or related service provider with a bilingual extension and/or a teacher of English to Speakers of Other Languages,
3. the director of special education or individual in a comparable title (or his or her designee),
4. the student's parent/guardian.

If you have an acronym that you think needs explaining, please email John.Walker@boces.monroe.edu.

Notice of Non-Discrimination

The Monroe #1 BOCES does not discriminate on the basis of an individual's actual or perceived race, color, creed, religion, religious practice, national origin, ethnic group, sex, gender identity, sexual orientation (the term "sexual orientation" means heterosexuality, homosexuality, bisexuality, or asexuality), political affiliation, age, marital status, military status, veteran status, disability, domestic violence victim status, arrest or conviction record, genetic information or any other basis prohibited by New York state and/or federal non-discrimination laws in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. In addition, students are also afforded protection based on weight.

For more information, contact one of our Civil Rights Compliance Officers:

Nancy Carr, 585-249-7010, Nancy_carr@boces.monroe.edu

James Colt, 585-383-2298, James_colt@boces.monroe.edu

Dennis Glaser, 585-383-2232, Dennis_glaser@boces.monroe.edu